Youth Employment Opportunities Bulletin

13 March 2017

Activity Agreements

Helping young people realise their potential.

Support for 16-19 year olds into employment, training or education.

Welcome to the latest bulletin of jobs, training and opportunities that the Activity Agreements team are aware of this week. If you are interested in any of these opportunities, please use the contact details beside each opportunity.

Edinburgh Guarantee job opportunities are advertised on the website www.edinburghguarantee.org where young people should register, complete a Member Profile, sign up for job alerts and apply online.

Further opportunities can also be found through the Joined up for Jobs Noticeboard and email digest from Capital City Partnership on www.joinedupforjobs.org.uk.

Training Opportunities

Sports Leadership taster sessions places available



Positive Destinations one day leadership and health & wellbeing course

This 4 hour taster course run by Edinburgh Leisure in conjunction with The City of Edinburgh Council has been designed as an introduction to leadership that will give learners:

- · A new understanding of how they can use leadership skills in their day-to-day work or college lives.
- · The knowledge, skills and competencies to lead basic physical activity sessions under direct supervision.

The Health and wellbeing section of the course explores topics such as body image and body confidence, fad diets, stress management, energy balance, women and men in the media and personal strengths. The course aims to positively influence the knowledge and motivation of how to lead a healthy and balanced lifestyle, whilst developing the confidence to become more physically active more, often.

Places are available at the following venues:

10.30 to 2.30 Wednesday 15th March - Gate 55 - Westerhailes

For further information contact Stuart Macfarlane on stuart.macfarlane@edinburgh.gov.uk tel: 0131 469 3868 or 07717 356239.



Edinburgh Project SEARCH provides employment and learning opportunities for young people with a disability. It is a partnership between the City of Edinburgh Council, NHS Lothian, Edinburgh College and Intowork.

Edinburgh Project SEARCH is a business-led programme which means the young people learn relevant, marketable skills while immersed in the business environment. The young people take part in 3 internships with the host employer over 40 weeks, resulting in improved skills and confidence, with 800 hours of work practice. A tutor and job coaches are based on site at all times, working closely with the business to provide training, internships and on-going support.

How to Apply:

You must

- Be between 16 and 24 years old
- Want to secure a full time job (16+ hours)
- Live within the city of Edinburgh
- Have a recognised disability
- Be able to commit full time for 1 year

What you will do:

Starting in August and lasting 1 college year, you will

- Attend every Monday to Friday during term time
- Complete 3 different internships (each approx 10 weeks) within the CEC or NHS Lothian
- Complete 5 hours at the internship and 2 hours in the training room each day
- Work towards a qualification and Project SEARCH course work
- Gain skills needed for work

We are currently recruiting for our 2017/18 programme beginning in August. To download an application pack please visit http://www.edinburghguarantee.org/young-people/find-a-job/12574-edinburgh-projectsearch-intern/ or email: project.search@edinburgh.gov.uk





















Piece Mind

Shed light on the things that make a young person happy.

Trop in to Summerhall on the 13th March 2pm – 8pm

Speak your mind Photobooth Streetfood Debate Learn about the brain Chill out Speak your mind Be heard Live music

Trop into Summerhall on 13th March 2017.

The information gathered from the event will be used to inform the review of services and support for young people's (aged 14 – 25) emotional wellbeing and mental health in Edinburgh.

To guarantee a place please go to http://ow.ly/RVno3091Rgx



Step into Childcare & Step into Care

TfC's **Step Into** courses are Employability Fund stage 3 programmes aimed at people aged 16 and above with a specific interested in child or adult care sectors.

RECRUITING NOW FOR COURSE STARTING 15th March 2017

Programme Structure 2 week induction at TfC, followed by 4 days per week on placement and 1 tutorial day at TfC

Placements Childcare placements with pre-school children in nurseries (private or local authority), after-school clubs or additional needs settings. Adult care placements in care homes, day centres or community care units

Tutorials SQA Certificate of Work Readiness units (Practical Workplace Skills; Dealing with Work Situations; Responsibilities of Employment) and initial preparation for entry to care work employment and qualifications

Outcomes On successful completion suitable participants will move into care employment with the aim of becoming Modern Apprentices. Other participants will be work ready on completion and will be supported make informed choices for their next steps

Training Allowance Participants receive £55 weekly allowance plus travel expenses

Participant Requirements Applicants should be able to demonstrate their interest through having had some relevant work/voluntary experience including babysitting or supporting family members; English Nat 4 or above is desirable and PVG membership must be awarded prior to starting the course (TfC will administer the PVG application on behalf of the trainee)

Referrals We welcome referrals from all the usual routes, with an application form to be completed by the young person. All applicants will be considered for interview but we ask referrers when putting people forward to recognise the particular responsibilities of working with vulnerable groups and consider whether employment and qualification in the care sector is a realistic aim

Visit our <u>website</u> for further information and to download an <u>application form</u> or contact Caroline McKay <u>carolinemckay@tfcscotland.org.uk</u> 0131 556 7773

Training for Care is a registered charity and voluntary organisation which has been delivering national training programmes for school leavers since 1982



RUTS STAGE 3 EMPLOYABILITY FUND *RECRUITING NOW!*

Information:

Spaces Edinburgh Stage 3 16-17 year old

Edinburgh Stage 3 18+ year old Midlothian Stage 3 18+ year old

Additional spaces now available for an immediate start between 27th February and 6th March – Please note these are additional spaces and limited numbers, referrals will be considered on a 1st come 1st basis subject to satisfactory interview

Programme Employability Fund Stage 3 **Programme Duration** 27/02/2017 to 06/05/2017

Length of Programme 10 weeks (or 9 with a start date of 06/03/17)

Course Outline RUTS are recruiting now for additional spaces available for our

upcoming stage 3 Employability Fund Course.

Trainees will undertake the SQA personal development award level 4 and will have the opportunity to complete a work placement with a variety of employers across the trades, retail, hospitality and

tourism and warehouse sectors.

The course will focus on building key employability skills including CV Building, Interview Skills, Team Working along with guidance on

money management and adapting to work.

Upon completion of the qualification, employability workers will also work with trainees individually to focus on positive destinations such as employment, apprenticeships and further education.

Programme Times Monday to Thursday 10am to 3pm (Full commitment is required

throughout the duration of the course)

Placement times may vary depending on employer needs however

will not exceed 30 hours per week

Allowances Training allowances of £55 are payable to eligible trainees along

with travel expenses on a weekly basis.

Referrals - Please complete an Eligibility Confirmation and return to Stuarth@ruts.org.uk

For queries – Please contact 01316635736 and ask to speak to Annette Huckstep

SmartWorks Edinburgh Who we are and what we do



Interview clothes and support Job specific clothes

Smart Works Edinburgh is modelled on the successful charity Smart Works London who supported more than 1200 women back into employment last year.

The concept is very simple. Once your client has been offered an interview for a job or a placement you refer her to us. We will find a suitable outfit for her to wear at her interview and also give her a session with a professional person who has experience in interview training. In total she will be at Smart Works for between 90 minutes and 2 hours and by the end the client will look great and feel confident. This will increase her chance of success in the interview. She keeps the outfit and if she is successful in the interview she can return to Smart Works for some additional items so she is suitably equipped for several days in her new job.

Our quality clothes are donated by business women and retailers across Edinburgh. Our service is run by volunteers and we are funded by donations from individuals, trusts and funds. We are new to Edinburgh and very much look forward to supporting your clients into employment.

We are open Tuesdays to Thursdays, 10am to 5pm and usually require at least a day's notice to book an appointment but please ring us - we can be contacted out of hours - and will do what we can to make arrangements with you straight away.

For further information, please call: 0131 516 7787 or email: edinburgh@smartworks.org.uk.



Learn boating skills, get to know our canals, their history, wildlife & plants, learn



Got some free time on a Monday afternoon? **FRFF**

12-Week training course starting 10 April 2017

APPLY NOW

Contact Sam now for more info: sam@re-union.org.uk / 0131 261 8529

walk leader skills, earn a John Muir Award! Share healthy eating tips, try new ways of approaching your health & wellbeing, find out about local volunteering opportunities, and benefit from our own community green and blue spaces

Feel better and make a change

Supporting Community-Led Regeneration

www.facebook.com/reunion.boats www.re-unior Re-Union Canal Boats Ltd tel: 0131 261 8529

e: info@re-union.org.uk

Charity No: SC035342 Company Reg No: 265866 Registered Office: 1 Union Path, Edinburgh EH3 9QD





Vote for the services YOU want

on show at the big vote party
Festival Theatre 24 March 1.30 - 4pm
or online at https://edinburgh.participare.io





FILMMAKING TASTER SESSION

INTERESTED IN FINDING OUT MORE ABOUT FILMMAKING?
THEN COME ROUND TO LEARN MORE!

WHEN?

AGE

17th March 2017 10am-1pm 16 - 21

For more Information please contact grahamredpath@accesstoindustry.co.uk











IDENTITY DOCUMENTARY PROJECT

FRUITMARKET - ACCESS TO INDUSTRY

8 WEEK FILM PROJECT FOCUSING ON THE PROCESS OF PROFESSIONAL FILMMAKING WITH AN AIM TO PRODUCE A SHORT DOCUMENTARY WITH THE THEME OF YOUNG PEOPLE AND IDENTITY

WHEN?

AGE

31st March 2017 10am-1pm 16 - 21

7th/21st/28th April 2017 10am-1pm

5th/12th/19th/26th May 2017 10am-1pm

For more Information please contact grahamredpath@accesstoindustry.co.uk











Employment Safety Net

Our Employment Safety Net project targets young adults (16-24) who are hard to reach. Some of our specific target groups are parents, offenders, additional support needs including poor mental health or care experienced. These however are not necessary criteria for a young person to be referred.

The support we give to a young person on the Employment Safety Net is very much tailored to the individual. We work holistically with each young person to explore what motivates them, and help them to identify services which may be able to assist them to achieve their goals. Whilst we do signpost to other services, we aim to stay the constant face in a young persons' life and can support young people for up to 3 years.

We are also an Activity Agreement hub, and so support young people through their activity agreement. We do not run specific Activity Agreement group activities, but rather work with the young person to encourage them to identify local groups, learning opportunities or volunteering placements that they can get involved with.

Where?

The project covers mainly Bingham, Magdalene, Niddrie & Craigmillar.

What age range?

16-24

What's on offer?

1-1 support, home visits, streetwork, chumming to appointments, housing advice, CV's, job search, volunteering, mock interviews, access to contraception, drop in, pizza nights, signposting to specialist services, progression to activity agreements.

How can you refer?

The referral process is very simple, you can either contact us as a worker, or pass our details onto the young person and they can contact us directly. Alternatively, we'd be happy to meet the young person with you, if this made the meeting easier for the young person.

emily.arthur@communityrenewal.org.uk 07739 626 205

f

Emily Esn

craig.anderson@communityrenewal.org.uk

07850 708 925

f

Craig Esn



ESNproject



EF STAGE 3 18+

- Open to eligible young people aged 18-24
- Course runs Mon-Thur 10am to 3pm @ RUTS HQ for 9 weeks
- Gain a SQA Personal Development Award
- CV Building / Interview Skills
- Explore Job Opportunities / College

Added Extras Opportunity to sit your motorbike CBT!

Increased training allowance of £70 and travel allowance of £18 per week!

Contact RUTS ASAP on O1316635736 or via email to Stuarth@ruts.org.uk

CBT & Increased allowance subject to suitability and agreed full attendance throughout course





Bridgend Growing Communities

Do you like being outdoors? Learning new things? Want to get experience and skills to help your chances of getting a job?

We are offering a volunteering and supported work experience programme for young people aged

16 to 25 based around community food-growing, construction and cooking at our allotment site.

Sessions run between 10:00 and 15:00 on Mondays and Tuesdays for 13 weeks. You will be able to access certificated training in organic growing and gain REHIS and First Aid certificates.

We are based at Bridgend Allotments, 41 Old Dalkeith Rd, Edinburgh EH16 4TE

We provide lunch and will pay travel costs.

For more information please contact Davie at bridgendgrowingcommunities@gmail.com .







2 Your Future

The 2 Your Future project provides a combination of sports based activities and tailored employment support for Young People not currently engaged in education, employment or training.

2 Your Future provides:

Sports coaching experience in Athletics, Football, Gymnastics, Badminton and Trampolining

National Governing Body coaching qualifications

Information and advice on accessing further education and training

Quality, structured sports coaching sessions and the opportunity to participate in sport and physical activity

Advice and guidance on education and training opportunities

Increased confidence and self-esteem

We are looking to recruit motivated, enthusiastic and reliable Young People 16 – 24 years old with a passion for sport who would be able to commit to the project for 21 weeks, up to 16 hours per week. If you are interested in 2 your future, please apply overleaf.



Registration Form

An information day will be taking place, if you wish to register to attend the information day please fill out the form below.

Name	
Address (including postcode)	
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Data of hinth	Maile /Ferrander
Date of birth	Male/Female:
Email	
Home tel no:	Mobile no:
School (if applicable)	
,	
Cianatura (navant/augudian if undav 10)	Drint a green
Signature (parent/guardian if under 18)	Print name
Information of any medical condition (s)	

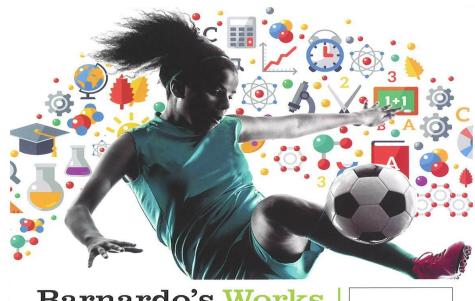
Once you have completed the form above please then send by either post or email to:

Jack Martin

Positive Destinations Coordinator Edinburgh Leisure Vantage Point, 3 Cultins Road Edinburgh EH11 4DF

T 0131 458 2192 **M** 07939 901 799 **E** jackmartin@edinburghleisure.co.uk

DATA PROTECTION ACT: Your information may be used to provide the service applied for and to confirm, update and enhance our customer records. Your details may be used to advise you of other facilities, events or offers which may be of interest to you. If you do not wish to receive such information please tick this box.



Barnardo's Works

engage - train - qualify - employ



Barnardo's Best

(Barnardos Employment Skills Training)

- Are you aged 16-24 Years
 - Hours that suit you
- Travel & lunch costs provided
- A chance to try volunteering
- Personal development opportunities
- Employment & college tasters Gain an SQA in employability

- Receive training in emergency first aid Loads of other fun activities for you to try

Believe in children 🎢 Barnardo's

venturetrust

Venture Trust provides personal development programmes for young people and adults who, because of their life experiences, have become marginalised, vulnerable or are living chaotic lifestyles. We combine intensive development experiences in Scotland's wilderness areas with up to 12 months of community-based outreach support to enable participants to make sustained positive changes. Our four main programmes are:

Programme	Age range	Who it's for	
Inspiring Young Futures	16-21 year olds (25 if care experienced)	Young people experiencing challenging life circumstances, who want to make positive life changes.	
Living Wild - Chance for Change	16-30 year olds	Men and women in the criminal justice system and on a Community Payback Order (and sometimes on other criminal justice orders).	
Next Steps	16+	Women who have been involved in offending or at high risk of offending.	
Positive Futures	16-64 year olds	Military veterans struggling with the transition to civilian life.	

www.venturetrust.org.uk/programmes 0131 228 7700

Venture Trust is a registered charity in Scotland (SC038932) and in England & Wales (285891).

Street League stage 2 programme



We have a Stage 2 programme starting just now and still have a couple spaces for 18-24 year olds.

We run from Wardieburn Community Centre/Spartans Football Academy Tues-Fri 9.30-1.30pm.

If you have anyone who may be interested or any further questions, please do not hesitate to get in touch.

Help us see an end to youth unemployment in the UK.

Contact: Nick Coull, Progressions Coordinator

Mobile: 07814626242 Email: nick.coull@streetleague.co.uk

www.streetleague.co.uk

Address: Suite 5, Harvesters Business Centre, 75 Harvesters Way, Edinburgh, EH14 3JH.





Get Started in Robotics with Artronix! In Partnership with the Prince's Trust

This programme is great for anyone who is interested in developing their IT skills and would like to get creative! In five days you will:

- Meet new people and try new things
- Chance to develop skills and confidence
- The chance to work with a lead training organisation, Artronix!
- Have an end of course celebration and reunion day
- The course will take place in the Prince's Trust office, Edinburgh Centre

Travel costs are provided and benefits will not be affected.

After the course you will get 3 months post course advice/guidance/key worker support to get into training, education and employment.

Interested? Call Eve from the Prince's Trust on 07984 547996 or call 0131 553 0850 and ask to speak to a member of the Outreach Team.





CSCS Health and Safety Course Information

Overview

In order for an individual to obtain their CSCS card, they have to first complete a one-day Health and Safety Course. Community Renewal run the one-day Health and Safety Courses at our office in Muirhouse. Once an individual successfully completes the one-day Health and Safety Course they then have to take the CSCS Test for Operatives. Once they have successfully completed both, they can apply for their CSCS card.

Course Information

- The course starts at 10am and runs until approximately 4pm lunch will be provided.
- Individuals will complete the REHIS Elementary Health and Safety Course.
- There is a 30-question multiple choice test at the end of the day, covering topics that were taught during the course.
- At the end of the day, individuals will receive the CSCS Test Revision Book
- Upon passing the test, individuals will receive their REHIS Elementary Health and Safety Certificate within approximately 5-10 working days.
- Along with their certificate individuals who paid using their ILA will also receive their code to book their CSCS Test for Operatives (as the cost of the test is included when using their ILA).

CSCS Test for Operatives

Once the individual has passed the REHIS Elementary Health and Safety Test they can book their CSCS Test for Operatives. Once they have successfully passed the CSCS Test for Operatives they can apply for their CSCS Card.

Referral Process

We can take referrals by email, phone or in person. The information we require is the individual's name, address, contact telephone number and ILA account number (if paying using their ILA account).

Cost

The £200 ILA covers the cost of the REHIS Elementary Health and Safety Course, CSCS Test Revision Book and the cost of the CSCS Test for Operatives.

Please note: The only cost not covered is the £30 that the CITB charge to issue the plastic CSCS card. We can also take individuals who are paying themselves and not using an ILA. The cost for the one-day Health and Safety Course is £120.

Support for Individuals

Community Renewal can provide assistance with booking the CSCS Test for Operatives and revising for the test, including going through the practice tests. We can also assist with creating/updating CV's and job searching.

Further Information: If you need any further information, please contact Oliver Scott on 0131 332 8773 or oliver.scott@communityrenewal.org.uk.

Are you unemployed and looking for paid work experience?



TOiL (Training Opportunities in Lothian) offers paid work placements to 16 – 24 year olds living in Edinburgh, in construction, catering, administration, gardening *and more*!

Plus sector specific training relevant to your work placement.

For further information Tel: 0131 553 8784.

Rathbone



The following workshops and activities are planned over the next quarter:

- Drugs and Alcohol Workshop
- Photography Workshop
- Edinburgh Leisure Fitness / Activity Group
- Jobs Clubs
- Digital Skills Training
- Christmas Trip Bowling / Pizza

Should you have any young people who you feel may benefit from attending any of these sessions then please get in contact to discuss possible referrals.

For further information contact stewart.paterson@rathboneuk.org.

The Citadel Young Volunteer Project (YVP)





The project aims to engage young people interested in helping out in their community, through an innovative programme to; allow them to gain new skills, new experiences and make a positive difference to their lives and the lives of others. The programme is split into a group work programme, an activity based residential and a volunteering event. We understand that interests may sometimes change so we try to be as flexible as possible with each group.

When is it? 18 January - 29 March

The final Young Volunteer Project runs between the 18th January and 29th March 2017.

We also take referrals throughout the year as we have some capacity to work with potential (or past) Young Volunteers, either individually or in a small group between the main programmes. This extra support could cover anything from building confidence and exploring goals to helping young people apply for college and other opportunities.

Our main programme looks like this:

Gain new skills and experience
Get creative and explore your interests...

About the project:

Work in small groups
Develop your CV
Have fun and meet new people
Go on trips.

Gain First Aid and other accreditation Gain new skills and experience.

Tuesdays 11-1pm -Employability Skills (optional) Wednesday 10-12pm—Volunteer Training Other sessions and training opportunities arranged on an individual basis

Who is it for?

Young people aged 15-19

Young people who want to have fun and meet new people while gaining more skills and experience. Young people who are still in school on a p/t timetable (in arrangement with the school only). OR: Young people who are unemployed or on an Activity Agreement.

What do you get?

May be eligible for EMA (£30 p/w). A day saver for the days you attend.

Lunch on the Tues + breakfast on the Weds.

Gain certificates and accreditation such as Emergency First Aid at Work, Duke of Edinburgh, etc.

And most importantly: HAVE FUN!

The Citadel Youth Centre, 175 Commercial Street, Leith, Edinburgh, EH6 6JE

To make a referral or for more information please contact Shona or Rachel: Phone: 0131 554 0510

E-mail: YVP@citadelyouthcentre.org.uk

Help young people kick-start careers with Get Into...

Get Into is our sector-based employability programme run in partnership with top employers and training providers across the country. Courses last between 3-6 weeks and are ideal for young people who have an interest in the sector, are job ready, can commit to a full time course and future employment opportunities.

Get Into Hotels Ages 16 - 25 In partnership with Marriott hotels

Call Eve on 07984 5447996.

CY Drop in Sessions



Old School Cooking

Mondays 3pm – 5pm

Come along to our cooking group where you can learn basic cooking skills and meet new people. Every week we make tasty, healthy meals from scratch, what we make is decided by you and then we all come together to eat what we have made. This group runs from our Old School Café where we also have opportunities for volunteering for those who wish to do a bit more.

SQA Girls Health & Wellbeing Group

Thursdays 11am - 12.30pm

This SQA accredited course looks at everything surrounding our physical and mental health and wellbeing. With topics ranging from Nude Selfies, Girl on Girl Hate, to Legal Highs there's a wealth of knowledge to be explored. Lunch provided!

CY Employability Drop In

Wednesdays 3pm - 5pm

This aimed at anyone who would like some support with job applications, creating a CV, and job searching. Staff are available during this time to provide support and we have information about all the latest job and training opportunities available. This is also open to any young people and support workers who want to come along and find out more about the services we provide at CY.

The Gate 1 – 1 Support

We also offer 1 - 1 employability and wellbeing support.

All our services are aimed at young people aged 15 – 24 years.

For further information or to make referral contact any of the employability team on 0131 556 9389 or via email at susie@canongateyouth.org.uk.

WorkBites at Fresh Start

Currently accepting Referrals

FreshStart

For who: People aged 16 - 24 and who are at stage 2 of the pipeline.

What: Opportunity to do different taster sessions in various environments, alongside 1:1 support to help the client achieve their goals.

Taster sessions include:

- Gardening
- Cooking
- PAT testing
- Warehouse.

How: The programme is very flexible and will entail 1:1 work where a suitable plan will be created for each individual. The first few sessions will allow each person to become familiar with Fresh Start so they can decide which taster sessions they would like to do. Clients will then move onto different taster sessions where they will work alongside staff and volunteers. There will be some group work if there are enough young people attending at the same time and group work is appropriate for them.

When: We are currently accepting referrals, which means that clients can start straight away and have the flexibility to work at their own pace. Clients have up to 3 months to complete the programme.

Next steps: For further information or to make a referral, please contact Aga at aga@freshstartweb.org.uk or 07835 861284.

SmartLiving Link to Work Drop-in



Every Friday from 1pm until 3pm

A weekly drop-in at Goodtrees Neighbourhood Centre, 5 Moredunvale Place, EH17 7LB offering help and guidance for people aged 16-25 who require assistance in the following areas:

- Creating email addresses
- Job search assistance, including Universal Jobmatch
- How to build a CV, write a cover letter and plan a phone call
- Completing application forms
- Basic IT skills
- Advice on volunteer and course opportunities.

Please call or text Calum Gauld on 07921 693389 or email calum.gauld@linkliving.org.uk.

SmartLiving – Step On Employability Support unique to You



SmartLiving offer people aged between 16-24 years living in temporary accommodation, one-to-one support to build confidence and self-belief. The project provides opportunities to develop new skills that will support you on your journey towards employment.

We know the importance of developing an experience that is right for you. We will work with you to identify the best options to meet your needs. Dependent on your needs, this can include:

- The opportunity to work with an employability worker focused only on your needs
- Increased confidence, personal development and self-awareness
- Personality Profiling What kind of person are you? What areas best suit my skills?
- How to build a CV, write a cover letter and plan a phone call
- Enhance interview skills and knowledge
- Supported job search assistance, including Universal Jobmatch
- Further education options, including college or continued voluntary options.
- SQA Accredited Courses or a course suited to your needs
- Childcare and Travel expenses reimbursed.

Please contact Calum Gauld on 01324 873749 / 07921 693389 or email calum.gauld@linkliving.org.uk.

Street Soccer Scotland Drop - In Sessions



If you like football, are 16+ and looking for something to fill your time, why not join us in a Street Soccer Drop – In Session near you ...

Meadowbank 2-4pm Mondays

Leith Community Centre 130-3pm Tuesdays

Portobello Powerleague 1-3pm Wednesdays

Crags Sports Centre 11-1230pm Thursdays (new attendees)

For further information, please call 0131 554 9157. www.streetsoccerscotland.org.

Move On

Currently accepting new referrals for our Mentor Service!



This service aims to match young people aged 14-19 with one of our trained Volunteer Mentors typically for 1-2 hours per week. During these meetings the Mentor will support the young person to take up a variety of opportunities relevant to the mentee's aims, and will offer support by identifying and taking part in activities with them. A mentoring relationship can offer young people a safe space to be heard, supported and challenged for up to 18 months. In the past, mentees have used the mentoring service to help with completing application forms, interview skills, gaining confidence for self-travel, tackling isolation issues and identified and engaged with positive activities to distract from negative behaviour such as truanting and offending.

For further information please contact Stephen Wilson at stephen@moveon.org.uk /0131 558 3740.

Positive Realities



Positive Realities is a voluntary organisation which offers a range of services to young people living in Edinburgh aged 12-25 years who are experiencing challenges as they make the transition into adulthood.

We are currently offering free confidence and self-esteem building workshops that can be delivered to groups of young people. These workshops are interactive, interesting and fun and last between 60-140 minutes (but times can be adapted to suit your organisation) to help young people feel more positive about their future. The workshops cover topics such as Confidence and Self-Esteem, Relationships, Understanding Emotions, Identity, and Goal Settings. A minimum of eight participants are required to deliver a workshop, and workshops can be delivered as a one of session or as a course.

If you would like more information on the workshops or if you're interested in us running a workshop for your young people, then please don't hesitate to get in touch.

Please contact Jax Gillon, Development Assistant at jaxpositiverealities@gmail.com.

Thursday night Social Hub

This is a fortnightly social club for young people aged 14-24 who may find socialising difficult, would like to make some friends, try new activities and learn about relationship skills, building confidence and be part of something. There is also an element of self-development involving setting coaching-based goals. We meet at Dance Base in the Grassmarket, 6-8pm.

My Sunday Space

The *group* that meets fortnightly is for those between 16-25 to reflect on and improve their emotional wellbeing through discussion and learning around things like understanding emotions, finding balance in life, coping with difficult situations...and is also a safe space to speak about and share other issues. We meet at LifesCycle on Newhaven Road, 2-4pm.

We also have volunteer opportunities for those who are 16-30. This would involve assistance with group facilitation, possibly leading sessions with individuals to discuss their progress with goals and spreading the word about these, hopefully, beneficial groups. There would be induction for this role, of course, and may benefit those looking to work with young people and the voluntary sector in the future."

For further information contact Rowan Bell 0131 629 4800 rowan@positiverealities.org.

Great Feats Edinburgh Dance Base National Centre for Dance



Great Feats is a group for young people aged between 16 and 25 who are currently not in full time employment, education or training. The group meet twice a week, on a Tuesday and Friday between 11.30 and 15.00 at Dance Base on the Grassmarket.

Each day is split into three parts:

- A morning workshop
- a healthy lunch
- an afternoon workshop.

The workshops are an opportunity to try out all kinds of dance, including Hip hop, House, Aerial, Contemporary and Parkour, to name but a few. No previous dance experience is required; everyone is encouraged to give everything a try.

In addition to great dance tuition, we run workshops that deal with issues such as emotional wellbeing and sexual health; sessions that help the young people make informed choices around substance use and misuse, and develop an awareness of the impact of high-risk behaviours.

We run trips every term to see shows in Edinburgh, such as *The Lion King* or works presented by the Festival Theatre. The group also gets a chance to perform themselves, previously at the Meadows Festival and this year – by special invitation at the Luminate Festival.

We have been to Ratho this term to give the group a chance to get involved in some teamwork outside of the dance studio, to help promote positive relationships.

Does it work? The Community Dance Artist and Youth Worker work closely with the young people to establish goals and help them to raise their aspirations. We've seen improved levels of self-confidence and self-esteem. Last term's group members were successful in gaining both employment and college places. Some are now studying full-time in areas such as childcare, hairdressing, fitness and dance and showing huge improvement in their social and emotional wellbeing.

What will this cost me? There is no cost attached to membership of this group, and we can provide bus tickets for young people who would otherwise struggle to get into the Grassmarket.

For more information or a referral form, please contact: Email: Heather@dancebase.co.uk (Youth Worker) Facebook: facebook.com/GreatFeats/Web: Dancebase.co.uk/GreatFeats.

PT4Y (positive transitions for youth)



The group meets every Wednesday at Pilton Youth and Children's Project, starting at roughly 11am (the sessions will be 3-4 hours long). Sessions include: customer service, drug and alcohol awareness, climbing, goal setting, positive realities, healthy eating, graffiti art, gorge walking, and the chance to choose an activity.

All sessions will focus on transferable work skills; this can be coupled with individual one-to-one support focusing on employability development - progressing YP towards positive destinations.

For more info please get in touch with Vikki Young - vikki@pycp.co.uk, 0131 332 9815.

Right Track

Launchpad Project

Launchpad is a Stage 1 Project offered by Right Track.





Who will it support?

Young people aged 16 years plus, with additional support needs that are not yet ready to participate in Employability Fund Stage 2 or other Stage 2 provision.

What will it offer?

Up to 15 hours a week flexible "engagement activity"
Up to 8 weeks' participation (weeks 1-3 Engagement and Participation, weeks 4-8 Action Planning).

Project Aim?

To identify, engage and build relationships with young people in their communities who are not engaged in Training, Education or Employment.

To encourage participation in a variety of learning activities based on "trying something new", meeting new people and embracing new situations.

To introduce understanding of "team" and "personal goals"

To start to identify personal strengths and weaknesses

To celebrate personal achievement

To agree personal goals.

What will be offered?

Outdoor challenges
Community Challenges
Sports activities
Adventurous Eating Experiences
Music Mixing
IT and Digital Photography Projects
Support to "try something new"
Activity-based Learning.

How will Right Track support the achievement of Launchpad Goals?

Street-based and Community Outreach
Home visits
One to one support
Motivational Support
Individual Counselling
Involvement of specialist community-based partners.

What supports will be provided to Participants?

Participation Allowance of £30 per 3-day week Lunch provided each day Travel Expenses.

Contact No. 0131 557 8584, Email address <u>chloem@rtscot.co.uk</u> or <u>ingrids@rtscot.co.uk</u> Pilmeny Youth Centre, 44 Buchanan St, Edinburgh, EH6 8RF, <u>www.rtscot.org</u>.

Employment Opportunities

The Edinburgh Guarantee exists to make sure that every school leaver in Edinburgh will leave school with the choice of a job, Further Education or training opportunity. Young people should register on the website, create a Member Profile, sign up for job alerts and apply for jobs online.

Latest opportunities are available at www.edinburghguarantee.org.





Activity Agreements | The City of Edinburgh Council | City Strategy & Economy | Business Centre G/1 | Waverley Court | 4 East Market Street | Edinburgh | EH8 8BG | activityagreements@edinburgh.gov.uk.