## **Be a Sport and Volunteer!**



Active Schools are looking for volunteers to support the delivery of fun activity sessions for p1-3 children after school or at lunchtimes. This means that sessions can be accessible to all. You will be paired up with another volunteer and will be given session plans and resources to support your sessions. Days and times will be discussed with you at the induction - details below.

Full training will be provided (you must attend both dates). These sessions will be fun, interactive and supportive where you can ask questions and work with other volunteers and get support from Active Schools. We will cover an introduction to Active Schools and the volunteer roles, Safeguarding and Protecting Children, multi-sport session plans including practice delivery sessions, first aid and support and training that you will receive.

Dates Wednesday 20<sup>th</sup> September and Wednesday 27<sup>th</sup> September 4-6.30pm OR Thursday 9<sup>th</sup> and Thursday 16<sup>th</sup> November 4-630pm. Forrester High School Community Lounge Tea/coffee/ water and snacks will be provided.

If you are interested or have questions, please contact me.

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