

# Youth Employment Opportunities Bulletin

## 22nd of September 2017

### Activity Agreements

Helping young people realise their potential.

Support for 16-19 year olds into employment, training or education.

Welcome to the latest bulletin of jobs, training and opportunities that the Activity Agreements team are aware of this week. If you are interested in any of these opportunities, please use the contact details beside each opportunity.

Edinburgh Guarantee job opportunities are advertised on the website [www.edinburghguarantee.org](http://www.edinburghguarantee.org) where young people should register, complete a Member Profile, sign up for job alerts and apply online.

Further opportunities can also be found through the Joined up for Jobs Noticeboard and email digest from Capital City Partnership on [www.joinedupforjobs.org.uk](http://www.joinedupforjobs.org.uk).

## TRAINING OPPORTUNITIES

### Street League stage 2 programme

We have a Stage 2 programme starting just now and still have a couple spaces for 18-24 year olds.



We run from Wardieburn Community Centre/Spartans Football Academy Tues-Fri 9.30-1.30pm.

If you have anyone who may be interested or any further questions, please do not hesitate to get in touch.

Help us see an end to youth unemployment in the UK.

**Contact: Nick Coull, Progressions Coordinator**

**Mobile: 07814626242 Email: [nick.coull@streetleague.co.uk](mailto:nick.coull@streetleague.co.uk)**

**[www.streetleague.co.uk](http://www.streetleague.co.uk) |**

**Address: Suite 5, Harvesters Business Centre, 75 Harvesters Way, Edinburgh, EH14 3JH.**

## Get into Customer Services

Do you want to get experience working in a Contact Centre?



Are you 18-30 years of age and want a job?

Our Get into Customer Services course, delivered in partnership with Aegon UK, will give you the skills and experience you need to secure a job in the Financial Services sector.

EDINBURGH

16 October-17 November 2017

- ALL TRAINING PROVIDED
- TRAVEL EXPENSES PAID ON PROGRAMME
- DOESN'T AFFECT YOUR BENEFITS
- BOOST EMPLOYABILITY SKILLS
- UP TO 6 MONTHS MENTORING SUPPORT

## How the course works

Meet new people and learn new skills such including improving your communication skills in a practical contact centre environment.

We'll also help you with your CV and interview skills.

Not only will it boost your confidence and employability skills, but you'll also have the chance to benefit from support from one of our mentors to help you uncover your next steps.

**CALL FREE:**

**0800 842 842** for further information

## **Cyrenians Care Academy – October 2017**

**Great opportunity for people aged 18 or over who are unemployed, not in education or on the Work Programme, are living in Edinburgh and interested in get a job in the Care sector.**

**Delivered through Skills Development Scotland Employability Fund.**

Cyrenians Market Led Training are delighted to announce a Care course aimed at giving participants the knowledge, skills and confidence to pursue a career in care – a sector of growth within Edinburgh.

The course provides training for anyone who is looking to work in residential, home care or support work. It was designed in partnership with a number of care employers to ensure that the main areas of care that employers are looking for were covered. These include person-centred care, dementia awareness, adult safeguarding, administering medication, infection control, personal care and the National Care Standards.

The course will also cover effective communication skills and personal effectiveness as well as employability skills such as CV development, interview skills and completing care application forms.

The course is well established and respected throughout the city's care sector, employers recognise and trust the learning graduates take from the course and we have an excellent record of previous graduates moving into employment directly from the course.

It is a ten-day course, delivered at Norton Park, Albion Road, Edinburgh, EH7 5QY, followed by a two week work placement, with a recruiting employer, and an interview.

### **Course dates**

**Monday 23<sup>rd</sup> October – Friday 3<sup>rd</sup> November**

PVG (disclosure) applications will be paid for and submitted before the course starts.

To make a referral or for further details please call Mark Diver on: 0131 475 2435/07855 229 838 or email [markdiver@cyrenians.scot](mailto:markdiver@cyrenians.scot)

Please pass this information on to any relevant people whom you think could be interested.



## Tesco Bags of Help Funding

### Need up to £4000 funding for your project that benefits the community?

**Tesco Bags of Help has already funded 780 projects in Scotland – sharing over £4 million pounds between them.** As the nights get shorter it's time submit your application for projects you'd like to happen in Spring 2018 and beyond. We fund a huge variety of **projects that bring benefits to the community** and every two months in Scotland we award 225 projects a share of over half a million pounds.

Single use carrier bags are no longer available in Tesco but the good news is that Bags of Help will continue with funding from the sale of the new 10p Bag for Life. Apply online here

<http://bit.ly/bagsofhelp4>

- Apply anytime for projects **that bring benefits to the community**
- Apply for **capital and revenue funding** between £1000 and £4000
- Community groups, schools, charities, local authorities and not for profits can all apply

Get help to apply from one of our team of Community Enablers <http://bit.ly/scotbagsofhelp>

# YOU A DAD?

## UNDER 25?

IT CAN BE TOUGH...EH?

SOMETIMES EVEN A CHAT IS USEFUL.

WANT TO MEET A DAD TO TALK ABOUT DAD STUFF?

COULD BE ANYTHING!

PRIVATE APPOINTMENTS ARE NOW AVAILABLE.

CONTACT GIL ON 07787 985 321 / 0131 467 5854.

NO OBLIGATION. YOU GOT NOTHING TO LOOSE!





## **FOUR SQUARE, CONNECTED EMPLOYABILITY AND PERSONAL DEVELOPMENT COURSES**

### **IT for Beginners**

Confused by IT? Then come along to our beginners' course.

### **Post Beginners IT**

Do you have a basic understanding of IT but would like to improve? Then this is the course for you!

To make a referral or register, please contact Hazel: [hazell@foursquare.org.uk](mailto:hazell@foursquare.org.uk) or call 557 7917 for details of the next course.

### **Developing Confidence, Planning Futures (CBT based course)**

Would you like to increase self-esteem and motivation, make more realistic goals, look into stabilising your lifestyle, develop stress control, time management strategies and improve job-seeking skills? Then email or call Hazel: [hazell@foursquare.org.uk](mailto:hazell@foursquare.org.uk) or 557 7917 for details of the next course.

### **Job Clubs, Four Square, Logie Green Road**

Want help to job search, complete application forms, type a CV and improve interview skills? Please contact Kirsten: [kirstenm@foursquare.org.uk](mailto:kirstenm@foursquare.org.uk) or call 0131 557 7909 for details of the next course.

*Please note that due to limited computers, you must register before attending.*

### **Job Club, Leith Community Centre**

We run a job club every Wednesday from 1pm until 4pm

This is a drop in so there is no need to register.

If you have any queries, please contact Angela: [angelaw@foursquare.org.uk](mailto:angelaw@foursquare.org.uk) or call 07904 533 481, otherwise just pop in!



## Scotland's Employer Recruitment Incentive (SERI)

### Funding for employers

SERI targets support at **unemployed** young people aged 16-29 with the greatest barriers to employment to enable them to obtain and remain in sustainable employment (including Modern Apprentices).

### Fund offer

You can get up to £4,000 when your organisation commits to a new job or new Modern Apprenticeship (MA) in Edinburgh for an eligible unemployed young person. The funding is a contribution towards the additional costs of recruiting a young person during their first 52 weeks of sustainable employment. If an employer pays the young person the [living wage](#) they will also be entitled to claim an additional payment of £500 at the end of the 52 weeks. The funding is available to private or third sector organisations only and is not available to public sector organisations. The funding would be paid

- £600 after 4 weeks' employment
- £1,400 after 13 weeks' employment
- £2,000 after 52 weeks' employment
- £4,000 total basic grant
- £500 living wage bonus payment after 52 weeks' employment if applicable.

### Further information

The fund can be used to:

- pay wages
- fund extra supervisory costs
- offer extra training
- meet travel to work costs.

The fund is open for job starts from 8 May 2017 until 31 January 2018. Please note the following:

- due to the limited amount of funding available applications will be dealt with on a first come first served basis
- the young person you intend to employ has to meet the eligibility criteria (have been unemployed before taking up employment with you and have one or more of the multiple barriers listed)
- if the young person has started employment with you **prior** to our giving you a grant acceptance letter (decision based on the content of your application) they will not be eligible for funding.

For an application pack or to ask any questions please get in touch.

Scotland's Employer Recruitment Incentive (SERI)

The City of Edinburgh Council

G1 Waverley Court

4 East Market Street

Edinburgh

EH8 8BG

[wage.incentives@edinburgh.gov.uk](mailto:wage.incentives@edinburgh.gov.uk) / [0131 529 3233](tel:01315293233)

# WORKBITES

# FreshStart

helping people make it home for themselves

Are you aged  
between  
16 and 24?

Not sure about  
what you want to  
do with your life?

Do you need some  
help to make up  
your mind?

How about a bit of  
experience of a few  
different things?

If you answer **yes** to the above, we can help you

**HOW -** We will give you a chance to try out some cooking, gardening, working in a warehouse, PAT testing. These will be taster sessions, working alongside Fresh Start's staff and volunteers.

You will also have the opportunity to work with our Training staff who will help and support you through this course.

**WHEN -** Start dates for the course are flexible. You will have up to three months to complete the course, and can attend up to two days a week. The sessions will last no longer than three hours.



# WORKBITES

# FreshStart

helping people make a home for themselves

## Your future

Fresh Start is a charity helping people that have been homeless and also helping people get into work. Work Bites will give you an opportunity to get some practical experience in our charity, learning about our services and helping you decide what you want to do in the future.

**Cooking**  
fancy being a chef,  
here's a chance to  
give it a shot.



**Gardening**

Find out if  
you have  
green fingers?



**PAT Testing**  
think you're a  
bright spark,  
let's see.



**Warehouse**

are you a good  
organiser, we can  
help you answer yes.



**NEXT STEP -** if you would like more information, please contact admin at [admin@freshstartweb.org.uk](mailto:admin@freshstartweb.org.uk) or telephone 0131 476 7741.

1. Are you unemployed? YES / NO
2. Would you like work experience? YES / NO
3. Care to gain new skills? YES / NO
4. Do you want to build confidence? YES / NO

If you answer yes to any of  
the above we can help you to

# JUMP START

Your future

**FreshStart**

01463 231000 | 01463 231001

Fresh Start (Scotland),  
22-24 Ferry Road Drive,  
Edinburgh EH4 4BR,  
Private Limited Company  
No. 197284, Scottish  
Charity No SC 029184

[www.freshstart.org.uk](http://www.freshstart.org.uk)



## JUMP START

### WHO?

Adults - who want to get into work; who are looking for practical experience; who would like to improve their confidence and learn new skills.

### OUR CHARITY

Helping thousands of the homeless to settle into their new homes and back into the community.

### WHERE?

The course will take place at our Warehouse in Ferry Road Drive, Edinburgh. The course is completely FREE and we will help you with travel costs if necessary.

### WHAT?

The course will give you practical work experience and a qualification that will help you on your journey back to work.

### WHY?

The course lasts for 8 weeks - you will attend 3 days a week for the 8 weeks. We will support you to complete a profile to show your learning. The course includes working in the warehouse and learning how to carry out PAT (Portable Appliance Testing).

### INTERESTED?

CONTACT US ON

0131 476 7741

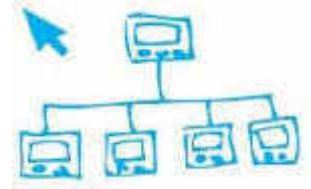
for more details

**FreshStart**

Edinburgh's homeless charity



Closing the digital skills gap for young people



## AMENDED DATES

Exciting new IT courses aimed at young people who want to explore working with computers as a career. These free courses are packed full of exciting opportunities including building a PC and get CISCO IT industry accredited certification. Aimed at 2 levels:

### Course 1 IT Taster

Understand the basics of computers and communication. With a practical, hands-on focus, the course covers introduction to computer components, software, hardware, basic networking and troubleshooting. Basis for moving onto the technical course as well as useful for people thinking about working in an office environment. The next course will be run from 22nd August —8th September 2017.

### Course 2 IT Essentials

Build a computer then learn how it works including hardware, software, security, networking and troubleshooting., this course goes into more technical details and requires a commitment to self study as well as classroom support. Combining training, support and work experience, it will help get jobs in roles like IT helpdesk support and IT support technician or gain college entry. Includes **work placement** opportunity and helps launch a career in IT. Delivered at Castlebrae Business Centre over 10-12 weeks. Next course starts on 5th September.

### Eligibility

Unemployed young people aged 16-25, who can demonstrate an interest in computers, are in a position to focus on learning and live in Edinburgh City.

### Referrals

Phone **0131 661 8888** or **0131 290 2753** to book an assessment. Referral forms should be completed before applicants attend.

We will assess and discuss which course is best the best course option with each candidate.

### Completed applications should be sent to:

Cre8te Opportunities, Castlebrae Business Centre, 40 Peffer Place Edinburgh EH16 4BB

**or by email** to [info@digitalskillsacademy.org.uk](mailto:info@digitalskillsacademy.org.uk)



## Rathbone Challenge Fund



Rathbone offers a training & support programme in Edinburgh. The programme is extremely client focused and is dependent on client barriers and progress. In this programme we will work with young people, both in their communities and in our training centres, to achieve milestones towards employment, further training and further education.



### Who is this for?

- young people aged 16-24 experiencing barriers such as lack of work experience;
- those from employment deprived areas, those with poor access to transport links or those with caring responsibilities;
- those struggling to sustain an employability programme or to progress (including Employability Fund Stage 2/3 courses);
- school leavers



### What are we offering?

- one to one support in addressing barriers and establishing skills;
- we will sit down with learners, set targets and address how to meet them;
- we offer confidence building techniques and resilience training as well as presentation strategies;
- we engage directly with the learners, contacting them regularly through channels including social media;
- we know where and how to progress learners through years of experience;
- we will provide a bus pass and those who are claiming benefits may continue to do so



We can accept referrals from Skills Development Scotland, Job Centre Plus, Activity Agreement Officers, Charities and Schools.

### Contact

[LeJohn.Montgomery@rathboneuk.org](mailto:LeJohn.Montgomery@rathboneuk.org)

Phone: 0131 228 8464

## **THIRD SECTOR CHALLENGE FUND: EUROPEAN SOCIAL FUND**

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Are you aged 16 or over? Are you facing barriers such as unemployment, mental health, low skills or housing issues?

European Social Fund (ESF) is here to help! Providing 1:1 support to help your personal development, confidence and social skills while helping you progress on to the right path. We can even help you gain SQA recognised SCQF Level 4 qualifications.

ESF is a supportive, free and patient service for those on stage one/two of the employability pipeline. There is no waiting list and new referrals are always welcome.

For more details, please contact Victoria:

**0131 228 8464 or 07795651032**

**[Victoria.Galloway@rathboneuk.org](mailto:Victoria.Galloway@rathboneuk.org)**

**Rathbone Training, 15 Blair St,  
Edinburgh EH1 1QR**



**OWNERSHIP**

Taking responsibility for  
what we do



**VALUING OUR PEOPLE**

It all starts with  
our people



**BEING OPEN AND HONEST**

The truth builds trust  
and respect

## Developing Confidence, Planning Futures



- ✓ Unemployed and trying to get back on track?
- ✓ Need a confidence boost?
- ✓ Want to start working towards a better future?
- ✓ Would you like to learn how to manage your time more effectively, and keep your stress under control?

If YES, and you are an adult of working age living in Edinburgh, then this free course is for you!

Wk	Date	Time	Session Details
1	Thurs 7 <sup>th</sup> September	10.30am-3.30pm	Confidence Building Visit from EHAP (Edinburgh Housing Advice Partnership)
	Friday 8 <sup>th</sup> September	10.30am-3.30pm	Personal Effectiveness
2	Thurs 14 <sup>th</sup> September	10.30am-3.30pm	Decision Making and Change
	Friday 15 <sup>th</sup> September	10.30am-3.30pm	CV and Letter Writing
3	Thurs 21 <sup>st</sup> September	10.30am-3.30pm	Interview Skills
	Friday 22 <sup>nd</sup> September	10.30am-3.30pm	Presentations
4	Thurs 28 <sup>th</sup> September	10.30am-3.30pm	Customer Service training (optional)

**Venue: McDonald Road Library**  
Business Hub Meeting Room  
2 McDonald Road, Edinburgh, EH7 4LU

**7<sup>th</sup> September – 22<sup>nd</sup> September**  
**10.30am – 3.30pm**

Customer Service Skills training will also be run at  
**McDonald Road Library**

**28<sup>th</sup> September**  
**10.30am – 3.30pm**

Travel costs covered where required.  
To sign up for this course or send a referral  
please contact **Hazel Lyons** on 0131 557 7917/07785 625929

[hazell@foursquare.org.uk](mailto:hazell@foursquare.org.uk)



## Bridgend Growing Communities

**Do you like being outdoors? Learning new things? Want to get experience and skills to help your chances of getting a job?**

We are offering a volunteering and supported work experience programme for young people aged 16 to 25 based around community food-growing, construction and cooking at our allotment site.

Sessions run between 10:00 and 15:00 on Mondays and Tuesdays. You will be able to access certificated training in organic growing and gain REHIS and First Aid



certificates. Lunch, travel costs and all equipment are provided. The programme runs throughout the year. To find out more or reserve a place please get in touch. We are based at Bridgend Allotments, 41 Old Dalkeith Rd, Edinburgh EH16 4TE. You can call us on 07775851870 or email us at [bridgendgrowingcommunities@gmail.com](mailto:bridgendgrowingcommunities@gmail.com).



*"Good way to meet new people and learn new things"*

*"The reference and certificate I got helped me get a job"*

*"Got me out of bed"*

Contact us by:

calling 07775851870 or at [bridgendgrowingcommunities@gmail.com](mailto:bridgendgrowingcommunities@gmail.com) .



**MONDAY**

**FOOTBALL**

**EVERY MONDAY 1.45PM TO 3PM  
@ WORLD OF FOOTBALL, THE CORN  
EXCHANGE  
FROM THE 26TH OF JUNE TO THE 28TH OF  
SEPTEMBER**

**Keep fit**

**Meet new people**

**Work on your communication  
and teamwork skills**

**Find out about courses and activities**

**ABOUT** YOUTH

**MONDAY FOOTBALL IS FOR YOUNG PEOPLE AGED 16 – 25 WHO ARE UNEMPLOYED OR LOOKING TO  
ACCESS YOUTH WORK AND EMPLOYABILITY ADVICE AND SUPPORT**

**FOR MORE INFORMATION EMAIL [INFO@ABOUTYOUTH.UK](mailto:INFO@ABOUTYOUTH.UK), CALL 0131 458 3267 OR FOLLOW US ON  
TWITTER [@ABOUT\\_YOUTH\\_](https://twitter.com/ABOUT_YOUTH_)**



**Boxing Scotland and Community Renewal are teaming up to offer boxing taster sessions to young people aged 16-24 in south east Edinburgh!**

**Build your fitness**

**Decrease your stress levels**



**Build your confidence**

**Decrease your stress levels**

**Meet new people**

**Train with awesome coaches**

**Tried the taster session and want more? Boxing Scotland will put together a regular group!**

**Want to find out more? Get in touch:**

**[craig.anderson@communityrenewal.org.uk](mailto:craig.anderson@communityrenewal.org.uk)**

**07850 708 925**



**CraigESN**



**ESNproject**

# Health in Mind



## External Training Calendar summary – 2017-18

**CORE LEARNING 2017-18** Core learning is a programme of courses which are at a good introductory level. They are also essentials for those working in the health and social care context.

- **Mental Health Awareness -** Thurs 7<sup>th</sup> Sept, Tues 14<sup>th</sup> Nov, Tues 10<sup>th</sup> April
- **SafeTalk Suicide Awareness (half day)** Tues 30<sup>th</sup> May, Thurs 14<sup>th</sup> Dec 17, Tues 6<sup>th</sup> Feb 18 and Tues 1<sup>st</sup> May 18
  
- **Trauma Informed Practice (Level 1 half day)** Fri 4<sup>th</sup> Aug 17, Fri 1<sup>st</sup> Dec 17
- **Reflective Supervision** Tues 3<sup>rd</sup> Oct 17, Wed 11<sup>th</sup> Apr 18
- **Scottish Mental Health First Aid (SMHFA) -** Fri 18<sup>th</sup> & Fri 25<sup>th</sup> Aug 17  
Tues 5<sup>th</sup> & Tues 12<sup>th</sup> Dec 17  
Thurs 8<sup>th</sup> & Thurs 15<sup>th</sup> Feb 18  
Mon 14<sup>th</sup> & Mon 21<sup>st</sup> May 18
  
- **Young People Mental Health First Aid: SMHFA: YP** Mon 4<sup>th</sup> Sept 17, Thurs 1<sup>st</sup> Feb 18
- **Recovery and Wellbeing in Practice (half day)** Tues 1<sup>st</sup> Aug 17, Tues 6<sup>th</sup> Mar 18
- **Equality & Diversity** Thurs 30<sup>th</sup> Nov 17
- **Boundaries** Thurs 21<sup>st</sup> Sept

**INFORMED PRACTICE 2017-18** Moving on from the core learning courses, we have a series of courses aimed at developing knowledge and understanding enable staff to continuously be working to 'informed practice' levels.

- **Dementia Awareness (half day)** Tues 1<sup>st</sup> Nov 17
- **Agoraphobia** Thurs 8<sup>th</sup> Mar 18
- **Cultural Awareness** Mon 27<sup>th</sup> Nov 17, Tues 17<sup>th</sup> Apr 18
- **Applied Suicide Intervention Skills Training (ASIST)** Tues 8<sup>th</sup> & Wed 9<sup>th</sup> Aug 17  
Wed 6<sup>th</sup> & Thurs 7<sup>th</sup> Dec 17  
Tues 27<sup>th</sup> & Wed 28<sup>th</sup> Feb 18  
Tues 3<sup>rd</sup> & Wed 4<sup>th</sup> Apr 18
  
- **Coaching Skills to Support Wellbeing** Tues 5<sup>th</sup> Dec 17
- **Let's Beat the Stigma : Schizophrenia** Mon 9<sup>th</sup> Oct 17, Tues 27<sup>th</sup> Mar 18
- **Wellness Recovery Action Planning for staff** Thurs 23<sup>rd</sup> & Fri 24<sup>th</sup> Nov 17
- **Trauma Skilled Practice (Level 2)** Fri 3<sup>rd</sup> Nov, Thurs 13<sup>th</sup> Mar 18
  - For staff who with direct and frequent contact with people who may be survivors
- **Motivational Interviewing** Mon 23<sup>rd</sup> & Tues 24<sup>th</sup> Oct 17
- **Mindfulness in the Workplace** Wed 4<sup>th</sup> Oct 17, Wed 14<sup>th</sup> Mar 18

**SKILLED PRACTICE 2017-18 -** Within some roles further learning is required to enable staff to work at a skilled practice level.

- **Trauma Enhanced Practice (Level 3)** Mon 29<sup>th</sup> Jan 18, Thurs 14<sup>th</sup> June 18
  - For staff who have a specific remit to respond to the needs of survivors on an regular and intense basis.
- **Anxiety** Tues 21<sup>st</sup> Nov 17
- **Understanding Hoarding (half day)** Fri 2<sup>nd</sup> Mar 18
- **Living with Psychosis** Fri 29<sup>th</sup> Sept 17
- **Attachment Focussed Framework** Thurs 19<sup>th</sup> Oct 17, Wed 21<sup>st</sup> Mar 18
- **Borderline Personality Disorder** Tues 13<sup>th</sup> Feb 18

All of these scheduled courses are bookable via Eventbrite. <http://bit.ly/2orSYSU>



# Aged 16-25?

## Health & Hygiene Card Drop in

(Known as the H&H Card)

Drop in to pick up your free health and hygiene pack including:

Shower gel, toothbrush, toothpaste, sanitary towels/tampons, deodorant, shampoo, conditioner and condoms.

**Fridays 6-8pm**

**Leith Community Education Centre**

For further information please contact:

[healthandhygieneleith@gmail.com](mailto:healthandhygieneleith@gmail.com)

Or

0131 554 4750



@LeithHandH



Free toasties  
&  
Hot drinks!





# Fairbridge Programme

## New programme structure



We at the Prince's Trust are excited to announce the re-structure of our flagship personal and social development programme, Fairbridge. We've kept a lot of what people know and love about it (**the outdoor activities, residential trip and one to one support**), but we've also added a lot to it, including additional themes and **specific follow on days throughout to support independence and development** as well as a **celebration event** to help consolidate learning and reflect on young people's achievements on completion.

Here is the key information for the programme:

Who is it for?

- **16-25 year olds** who are not engaged in work, education or training.
- **Young people can be from any area**, as long as they can travel to our [Edinburgh Centre, 73 Ferry Road, eh6 4aq.](#)

What does it involve?

- **9 week** personal and social development programme.
- **5 Day** initial Access Course (week 1) filled with activities. Including a...
- **2 Night** Residential trip to a beautiful location (Glenshee, Loch Tay, etc.)
- **5 Key Skills** to work on; Confidence, Communication, Working with Others, Managing Feelings and Setting & Achieving Goals.
- **1 to 1 Support** from your key worker to help find and achieve whatever goals you set.
- **7 week** Follow-On programme including employability, independent living skills, arts, music, STEM and other fun and useful sessions.
- **1 Day a week** follow-on sessions to fit around your life.
- **All food, travel and equipment provided.**

When does it start?

- **Courses run MONTHLY** from our [Edinburgh Centre](#), the next programme will start **July 31<sup>st</sup>.**

How do I get involved?

- **Leave a few details on our [website](https://www.princes-trust.org.uk/help-for-young-people/get-in-touch)** - <https://www.princes-trust.org.uk/help-for-young-people/get-in-touch>
- **Text 'Call Me'** to **07983 385418**
- **Call Free** on **0800 842 842**
- **Drop-in and see us at 73 Ferry Road, Edinburgh, eh6 4aq.**

# CY EMPLOYABILITY DROP-IN



**Need help with Job Searching? Not sure about your next steps in Education? Or perhaps you need to update your C.V.**

Come along to the Wednesday Employability Drop-In where staff from CY and SDS can help you make positive steps towards your educational aims and employment goals.

We also offer numerous SQA Qualifications at Access 3 level, and attendance could contribute to you gaining **£30 per week through EMA.**

**Wednesdays 3—5pm**

Contact Susie on 0131 556 9389 or  
[susie@canongateyouth.org.uk](mailto:susie@canongateyouth.org.uk)



**Girl on Girl Hate? Nude Selfies and the Law? Healthy Eating? Self Esteem? Even looking at 'Legal'!**

**Come along to CY's Health and Wellbeing Girls Group where we talk about the important topics, find a safe space to voice opinions, and most importantly— have fun!**

**Not to mention you can gain an SQA Qualification in Health and Wellbeing, and the Sports Leader 'Women, Get Set, Go!' Award.**

# SQA Health and Wellbeing Girls Group

**Thursdays 11 -12.30**

**By attending you could be eligible to gain £30 EMA a week on an Activity Agreement.**

**Contact Ruth on 0131 556 9389 or [ruth@canongateyouth.org.uk](mailto:ruth@canongateyouth.org.uk) for more info.**





# Eat Up Meet Up



## **Replace your take away with a healthier tasty option!**

Come along to our cooking club on a Monday afternoon where you can learn how to create recipes, cooking skills and more importantly, eat some good food with other young people.

**Mondays 3pm—5pm**

Contact [susie@canongateyouth.org.uk](mailto:susie@canongateyouth.org.uk) or call us on  
0131 556 9389

This course is open to anyone between 16-19 who is on, or would be eligible for, an Activity Agreement.

**No prior skills or experience  
required!**



## Work Experience with Scottish Gas



Do you know someone in Edinburgh who is looking for a fantastic work experience opportunity?

Well, tell them to look no further as Scottish Gas are running 2 week work experience courses in Edinburgh starting 18th September 2017.

Although unpaid, these great opportunities can help them, especially if they are trapped in the vicious circle of being unable to get a job because they don't have experience, but they can't get experience because they don't have a job. Our programmes are designed to help people gain new skills and experience to help them into the world of work or further education.

These opportunities are open to anyone aged 16-24, who will not be in employment, education or training during these months.

Over the two weeks they will get the opportunity to spend some time with a customer services team and shadow our engineers.

If you know anyone that may be Interested? Then please ask them to pop an email across to us at [movementtowork@centrica.com](mailto:movementtowork@centrica.com) with their name, email address, post code, contact number & age and the location 'Edinburgh' and quote referral source Edinburgh Guarantee, then one of our team will contact them.



ROOTS is a practical based environmental course, run in partnership with Edinburgh College, Dunedin Canmore Youth Projects, Grow Stronger, Edinburgh Leisure and City of Edinburgh Council Vat Run.

Participants will be enrolled as a student with Edinburgh College and will receive EMA (Educational Maintenance Allowance) if eligible. Participants will work towards gaining their SCQF Level 4 Rural Skills qualification. This covers Soft Landscaping, Crop Production, Estate Maintenance, Conservation and Employability Skills for Land Based Industries.

The Rural Skills qualification is mainly hands-on practical work. This will be carried out on various sites across the city e.g. Edinburgh Leisure Golf courses, Edinburgh City Council green spaces and Gracemount walled garden, allowing the participants to gain real and current experience within the industry. Working with professionals will give the participants the opportunity to gain an understanding of all aspects of the job, from physical/practical tasks to following health and safety procedures on sites.

One to one support is also provided to ensure that young people complete any written paperwork needed to gain their qualification.

ROOTS is a 14 week programme, Thursday and Friday 9.30-4pm Lunch will be provided and mini bus pick up points will be set to help with travel as we will be based on different sites. PPE will also be provided.

This course is suitable for people who:

- Are 16-25 years old
- Are reliable
- Are willing to learn and try new things
- Can follow instruction
- Have an interest in this industry
- Can work as part of a team
- Who enjoy practical work and are willing to work outdoors

ROOTS will start 7<sup>th</sup> September 2017. There are 11 places on the course. For more information or to make a referral/apply please contact Jennifer Scougall or Johnny Smith on:

[Jennifer.scougall@edinburghcollege.ac.uk](mailto:Jennifer.scougall@edinburghcollege.ac.uk) or 07733 307 696 / 0131 477 2800

[Johnny.Smith@ea.edin.sch.uk](mailto:Johnny.Smith@ea.edin.sch.uk) or 07823 348 559

# SmartWorks Edinburgh

## Who we are and what we do

The logo for Smart Works Edinburgh, featuring the text "SMART WORKS" in a large, white, sans-serif font above the word "EDINBURGH" in a smaller, white, sans-serif font, all contained within a solid blue rectangular background.

## Interview clothes and support

### Job specific clothes

Since its opening in August 2014, Smart Works Edinburgh has assisted more than 450 women with styling advice and interview training. The support helps women feel more confident and increases their chances of securing jobs.

The concept is very simple. Once your client has been offered an interview for a job or a placement you refer her to us. We will find a suitable outfit for her to wear at her interview and also give her a session with a professional person who has experience in interview training. In total she will be at Smart Works for between 90 minutes and 2 hours and by the end the client will look great and feel confident. This will increase her chance of success in the interview. She keeps the outfit and if she is successful in the interview she can return to Smart Works for some additional items so she is suitably equipped for several days in her new job.

Our quality clothes are donated by business women and retailers across Edinburgh. Our service is run by volunteers and we are funded by donations from individuals, trusts and funds. We work closely with DWP, work programmes and charitable organisations across Edinburgh and Lothians, and very much look forward to supporting your clients into employment.

We are open Monday to Friday 10am – 5pm and usually require at least a day's notice to book an appointment but please ring us - we can be contacted out of hours - and will do what we can to make arrangements with you straight away.

**For further information, please call: 0131 516 7787 or email:**  
[edinburgh@smartworks.org.uk](mailto:edinburgh@smartworks.org.uk).

# CSCS Card



## CSCS Health and Safety Course Information

### Overview

In order for an individual to obtain their CSCS card, they have to first complete a one-day Health and Safety Course. Community Renewal run the one-day Health and Safety Courses at our office in Muirhouse. Once an individual successfully completes the one-day Health and Safety Course they then have to take the CSCS Test for Operatives. Once they have successfully completed both, they can apply for their CSCS card.

### Course Information

- The course starts at 10am and runs until approximately 4pm – lunch will be provided.
- Individuals will complete the REHIS Elementary Health and Safety Course.
- There is a 30-question multiple choice test at the end of the day, covering topics that were taught during the course.
- At the end of the day, individuals will receive the CSCS Test Revision Book
- Upon passing the test, individuals will receive their REHIS Elementary Health and Safety Certificate within approximately 5-10 working days.
- Along with their certificate individuals who paid using their ILA will also receive their code to book their CSCS Test for Operatives (as the cost of the test is included when using their ILA).

### CSCS Test for Operatives

Once the individual has passed the REHIS Elementary Health and Safety Test they can book their CSCS Test for Operatives. Once they have successfully passed the CSCS Test for Operatives they can apply for their CSCS Card.

### Referral Process

We can take referrals by email, phone or in person. The information we require is the individual's name, address, contact telephone number and ILA account number (if paying using their ILA account).

### Cost

The £200 ILA covers the cost of the REHIS Elementary Health and Safety Course, CSCS Test Revision Book and the cost of the CSCS Test for Operatives.

Please note: The only cost not covered is the £30 that the CITB charge to issue the plastic CSCS card.

We can also take individuals who are paying themselves and not using an ILA. The cost for the one-day Health and Safety Course is £120.

### Support for Individuals

Community Renewal can provide assistance with booking the CSCS Test for Operatives and revising for the test, including going through the practice tests. We can also assist with creating/updating CV's and job searching.

**Further Information: If you need any further information, please contact Oliver Scott on 0131 332 8773 or [oliver.scott@communityrenewal.org.uk](mailto:oliver.scott@communityrenewal.org.uk).**



# CY Drop in Sessions



## Old School Cooking

Mondays 3pm – 5pm

Come along to our cooking group where you can learn basic cooking skills and meet new people. Every week we make tasty, healthy meals from scratch, what we make is decided by you and then we all come together to eat what we have made. This group runs from our Old School Café where we also have opportunities for volunteering for those who wish to do a bit more.

## The Gate 1 – 1 Support

We also offer 1 – 1 employability and wellbeing support.

All our services are aimed at young people aged 15 – 24 years.

For further information or to make referral contact any of the employability team on 0131 556 9389 or via email at [susie@canongateyouth.org.uk](mailto:susie@canongateyouth.org.uk).

# SmartLiving

Link to Work Drop-in Every Friday from 1pm until 3pm



A weekly drop-in at Goodtrees Neighbourhood Centre, 5 Moredunvale Place, EH17 7LB offering help and guidance for people aged 16-25 who require assistance in the following areas:

- Creating email addresses and Basic IT skills
- Job search assistance, including Universal Jobmatch
- How to build a CV, write a cover letter and plan a phone call
- Completing application forms
- Advice on volunteer and course opportunities.

Please call or text Calum Gauld on 07921 693389 or email [calum.gauld@linkliving.org.uk](mailto:calum.gauld@linkliving.org.uk).

# WorkBites at Fresh Start

## Currently accepting Referrals



**For who:** People aged 16 – 24 and who are at stage 2 of the pipeline.

**What:** Opportunity to do different taster sessions in various environments, alongside 1:1 support to help the client achieve their goals.

Taster sessions include:

- Gardening
- Cooking
- PAT testing
- Warehouse.

**How:** The programme is very flexible and will entail 1:1 work where a suitable plan will be created for each individual. The first few sessions will allow each person to become familiar with Fresh Start so they can decide which taster sessions they would like to do. Clients will then move onto different taster sessions where they will work alongside staff and volunteers. There will be some group work if there are enough young people attending at the same time and group work is appropriate for them.

**When:** We are currently accepting referrals, which means that clients can start straight away and have the flexibility to work at their own pace. Clients have up to 3 months to complete the programme.

**Next steps:** For further information or to make a referral, please contact contact admin at [admin@freshstartweb.org.uk](mailto:admin@freshstartweb.org.uk) or 0131 476 7741

# SmartLiving – Step On Employability Support unique to You



SmartLiving offer people aged between 16-24 years living in temporary accommodation, one-to-one support to build confidence and self-belief. The project provides opportunities to develop new skills that will support you on your journey towards employment.

We know the importance of developing an experience that is right for you. We will work with you to identify the best options to meet your needs. Dependent on your needs, this can include:

- The opportunity to work with an employability worker focused only on your needs
- Increased confidence, personal development and self-awareness
- Personality Profiling – What kind of person are you? What areas best suit my skills?
- How to build a CV, write a cover letter and plan a phone call
- Enhance interview skills and knowledge
- Supported job search assistance, including Universal Jobmatch
- Further education options, including college or continued voluntary options.
- SQA Accredited Courses or a course suited to your needs
- Childcare and Travel expenses reimbursed.

Please contact Calum Gauld on 01324 873749 / 07921 693389 or email [calum.gauld@linkliving.org.uk](mailto:calum.gauld@linkliving.org.uk).

## Street Soccer Scotland Drop - In Sessions



If you like football, are 16+ and looking for something to fill your time, why not join us in a Street Soccer Drop – In Session near you ...

Meadowbank 2-4pm Mondays

Leith Community Centre 130-3pm Tuesdays

Portobello Powerleague 1-3pm Wednesdays

Crags Sports Centre 11-1230pm Thursdays (new attendees)

For further information, please call 0131 554 9157. [www.streetsocscotland.org](http://www.streetsocscotland.org).

## Move On **Currently accepting new referrals for our Mentor Service!**



This service aims to match young people aged 14-19 with one of our trained Volunteer Mentors typically for 1-2 hours per week. During these meetings, the Mentor will support the young person to take up a variety of opportunities relevant to the mentee's aims, and will offer support by identifying and taking part in activities with them. A mentoring relationship can offer young people a safe space to be heard, supported and challenged for up to 18 months. In the past, mentees have used the mentoring service to help with completing application forms, interview skills, gaining confidence for self-travel, tackling isolation issues and identified and engaged with positive activities to distract from negative behaviour such as truanting and offending.

For further information please contact Stephen Wilson at [stephen@moveon.org.uk](mailto:stephen@moveon.org.uk) /0131 558 3740.

# Positive Realities



Positive Realities is a voluntary organisation which offers a range of services to young people living in Edinburgh aged 12-25 years who are experiencing challenges as they make the transition into adulthood.

We are currently offering free confidence and self-esteem building workshops that can be delivered to groups of young people. These workshops are interactive, interesting and fun and last between 60-140 minutes (but times can be adapted to suit your organisation) to help young people feel more positive about their future. The workshops cover topics such as Confidence and Self-Esteem, Relationships, Understanding Emotions, Identity, and Goal Settings. A minimum of eight participants are required to deliver a workshop, and workshops can be delivered as a one of session or as a course.

If you would like more information on the workshops or if you're interested in us running a workshop for your young people, then please don't hesitate to get in touch.

Please contact Jax Gillon, Development Assistant at [jaxpositiverealties@gmail.com](mailto:jaxpositiverealties@gmail.com).

## Thursday night Social Hub

This is a fortnightly social club for young people aged 14-24 who may find socialising difficult, would like to make some friends, try new activities and learn about relationship skills, building confidence and be part of something. There is also an element of self-development involving setting coaching-based goals. We meet at Dance Base in the Grassmarket, 6-8pm.

## My Sunday Space

The *group* that meets fortnightly is for those between 16-25 to reflect on and improve their emotional wellbeing through discussion and learning around things like understanding emotions, finding balance in life, coping with difficult situations...and is also a safe space to speak about and share other issues. We meet at LifeCycle on Newhaven Road, 2-4pm.

We also have volunteer opportunities for those who are 16-30. This would involve assistance with group facilitation, possibly leading sessions with individuals to discuss their progress with goals and spreading the word about these, hopefully, beneficial groups. There would be induction for this role, of course, and may benefit those looking to work with young people and the voluntary sector in the future."

For further information contact Rowan Bell 0131 629 4800 [rowan@positiverealties.org](mailto:rowan@positiverealties.org).



# Great Feats

## Edinburgh Dance Base National Centre for Dance



Great Feats is a group for young people aged between 16 and 25 who are currently not in full time employment, education or training. The group meet twice a week, on a Tuesday and Friday between 11.30 and 15.00 at Dance Base on the Grassmarket.

The workshops are an opportunity to try out all kinds of dance, including Hip hop, House, Aerial, Contemporary and Parkour, to name but a few. No previous dance experience is required; everyone is encouraged to give everything a try. In addition to great dance tuition, we run workshops that deal with issues such as emotional wellbeing and sexual health; sessions that help the young people make informed choices around substance use and misuse, and develop an awareness of the impact of high-risk behaviours.

We run trips every term to see shows in Edinburgh, such as *The Lion King* or works presented by the Festival Theatre. The group also gets a chance to perform themselves, previously at the Meadows Festival and this year – by special invitation at the Luminare Festival.

We have been to Ratho this term to give the group a chance to get involved in some teamwork outside of the dance studio, to help promote positive relationships.

Does it work? The Community Dance Artist and Youth Worker work closely with the young people to establish goals and help them to raise their aspirations. We've seen improved levels of self-confidence and self-esteem. Last term's group members were successful in gaining both employment and college places. Some are now studying full-time in areas such as childcare, hairdressing, fitness and dance and showing huge improvement in their social and emotional wellbeing.

What will this cost me? There is no cost attached to membership of this group, and we can provide bus tickets for young people who would otherwise struggle to get into the Grassmarket.

**For more information or a referral form, please contact: Email: [Heather@dancebase.co.uk](mailto:Heather@dancebase.co.uk) (Youth Worker)  
Facebook: [facebook.com/GreatFeats/](https://facebook.com/GreatFeats/) Web: [Dancebase.co.uk/GreatFeats](http://Dancebase.co.uk/GreatFeats).**

## PT4Y (positive transitions for youth)



The group meets every Wednesday at Pilton Youth and Children's Project, starting at roughly 11am (the sessions will be 3-4 hours long). Sessions include: customer service, drug and alcohol awareness, climbing, goal setting, positive realities, healthy eating, graffiti art, gorge walking, and the chance to choose an activity.

All sessions will focus on transferable work skills; this can be coupled with individual one-to-one support focusing on employability development - progressing YP towards positive destinations.

**For more info please get in touch with Vikki Young - [vikki@pypc.co.uk](mailto:vikki@pypc.co.uk), 0131 332 9815.**

# Right Track



## Launchpad Project

Launchpad is a Stage 1 Project offered by Right Track.

### Who will it support?

Young people aged 16 years plus, with additional support needs that are not yet ready to participate in Employability Fund Stage 2 or other Stage 2 provision.

### What will it offer?

Up to 15 hours a week flexible “engagement activity”

Up to 8 weeks’ participation (weeks 1-3 Engagement and Participation, weeks 4-8 Action Planning).

### What will be offered?

Outdoor challenges  
Community Challenges  
Sports activities  
Adventurous Eating Experiences  
Music Mixing  
IT and Digital Photography Projects  
Support to “try something new”  
Activity-based Learning.

### What are the targeted Outcomes?

Increased confidence, motivation and self-esteem  
Increased willingness to participate  
Improved communication and interpersonal skills  
Enhanced understanding and recognition of personal goals  
Engagement with specialist support agencies as necessary  
Achievement of Participation Targets  
Achievement of an SQA Personal Achievement Award  
Completion of a Personal Action Plan.

### How will Right Track support the achievement of Launchpad Goals?

Street-based and Community Outreach  
Home visits  
One to one support  
Motivational Support  
Individual Counselling  
Involvement of specialist community-based partners.

### What supports will be provided to Participants?

Participation Allowance of £30 per 3-day week  
Lunch provided each day  
Travel Expenses.

Contact No. 0131 557 8584, Email address [chloem@rtscot.co.uk](mailto:chloem@rtscot.co.uk) or [ingrids@rtscot.co.uk](mailto:ingrids@rtscot.co.uk)  
Pilmey Youth Centre, 44 Buchanan St, Edinburgh, EH6 8RF, [www.rtscot.org](http://www.rtscot.org)

# Employment Opportunities

*The Edinburgh Guarantee exists to make sure that every school leaver in Edinburgh will leave school with the choice of a job, Further Education or training opportunity. Young people should register on the website, create a Member Profile, sign up for job alerts and apply for jobs online.*

*Latest opportunities are available at [www.edinburghguarantee.org](http://www.edinburghguarantee.org).*

