

Group	What they offer
<p>Additional Support for Learning (ASL) Service – ASD supports (Family Follow Up Meetings, ASD Parent Information Sessions, PEERS programme) CEC</p> <p>Website: https://www.edinburgh.gov.uk/asl Email: autisminfo@ea.edin.sch.uk Phone: 0131 469 2850</p>	<p>Support to parents and carers with children and young people with Autistic Spectrum Disorder (ASD). Including Family Follow Up Meetings- a post diagnosis meeting for parents, providing information on CPM and signposting to relevant supports. ASD Parent Information Sessions- Information for families on a range of theses related to ASD and related presentations delivered by multidiscipline professionals. PEERS- parent assisted programme supporting young people with social communication difficulties who have a desire to make and keep friends</p>
<p>Ask Dad More Project- Fast Forward</p> <p>Website: https://www.fastforward.org.uk/projects/ask-dad/ Email: admin@fastforward.org.uk Phone: 0131 554 4300</p>	<p>Supports and promotes the role of the father in the healthy development of children and young people. Engages dads in 1:1, group work, peer support and workshops such as parenting, health promotion, risk taking behaviour education, mental health and wellbeing and supports dads to have age appropriate conversations with their children around their wellbeing. Works in partnership with community-based organisations and works to improve its inclusion and level of engagement with dads.</p>
<p>Barnardos- Edinburgh Together</p> <p>Website: https://www.barnardos.org.uk/what-we-do/services/edinburgh-together-level-3 Email: EdinburghTogether@barnardos.org.uk Phone: 0131 446 7000</p>	<p>Provides high quality tailored family support to enable families and children to reach their full potential by helping overcome disadvantages they experience either at home, in their community or in their school setting. Includes focussed family work, parent sessions, individual sessions, small groupwork, community support to access clubs etc, support to access other agencies. Also offer groups like nurture, art and crafts and holiday activities. Runs ADHD groupwork programme specifically designed for parents who have children newly diagnosed with ADHD and Cygnet- programme for parents who have children with a diagnosis of autism.</p>
<p>Big Hearts Community Trust</p> <p>Website: http://www.bighearts.org.uk/ Email: communications@bighearts.org.uk Phone: 0131 603 4926</p>	<p>Support for kinship care families. Provides family support, 1-1 sessions, an after-school club, and holiday activities. Families offered support around wellbeing, rights and income maximisation.</p>
<p>Canongate Youth</p> <p>Website: https://canongateyouth.org.uk/ Email: admin@canongateyouth.org.uk Phone: 07899 676688</p>	<p>Mainly supporting parents of young people who are referred</p>
<p>CEDAR (Children Experiencing Domestic Abuse Recovery)- Edinburgh Women's Aid Website: https://edinwomensaid.co.uk/children-and-young-peoples-support/young-people/ Email: info@edinwomensaid.co.uk Phone: Children Groups/Annie: 07850515283 Mother Groups/Amanda: 07425603936</p>	<p>CEDAR is an early intervention 12 week therapeutic group work programme protecting children and young people against the adverse effects of domestic abuse and supports the emotional, behavioural and social difficulties they may experience. The model provides a separate but linked group work program for the mothers of the children which strengthens their relationships and supports them to help their children to come to terms with their experiences.</p>

Children 1st - With Families Website: https://www.children1st.org.uk/ Email: cfs@children1st.org.uk Phone: 0131 446 2300	A partnership between the SE Social Work Children and Families Practice Team and Children 1 st which provides intensive whole family support to the most vulnerable families in the locality with children aged 0-16.
Children 1st - Armed Forces Families <i>Contact details as above</i>	High-quality whole family support that works with partners and families to improve the safety, health, wellbeing and equity of children and young people.
Children 1st - Edinburgh Together <i>Contact details as above</i>	High-quality whole family support that works with partners and families to improve the safety, health, wellbeing and equity of children and young people in the city.
Children and Families Practice Teams and Hospital Team CEC Website: https://www.edinburgh.gov.uk/children-families Contact Social Care Direct Email: socialcaredirect@edinburgh.gov.uk Phone: 0131 200 2324	Support at the higher level of concerns and need for care and protection. Investigate child protection concerns and support multiagency plans to address risk. Link families to appropriate supports when they are in crisis and signpost to other services. Work to try to ensure that children can remain in their family or family network, working directly with children and their parents to address issues and to strengthen relationships and parenting. Support looked after children in care placements and help to maintain meaningful relationships with parents and wider family.
Circle – The Harbour Project Website: https://circle.scot/ Email: info@circle.scot Phone: 0131 552 0305	Offers support to children and families affected by parental substance use (alcohol and/or drugs) including parenting, family relationships and practical support. Children can be referred for individual support through a partnership with the Sunflower Garden Project. There is also a dedicated Fathers' Worker.
Citadel Youth Centre Families Project Website: https://citadelyouthcentre.org.uk/ Email: info@citadelyouthcentre.org.uk Phone: 0131 554 0510	Community based service attached to the youth centre, supporting parents/carers through 1:1 and group work. Offering practical, emotional, peer and advocacy support and parenting information. Supports children develop social and emotional skills through 1:1 and group support. Family days and holiday activities offered to the whole family. Referrals accepted from schools, professionals and self referrals.
Clan Childlaw Website: https://www.clanchildlaw.org/ Email: info@clanchildlaw.org Phone: 08081 290522	Free, legal advice and representation to children and young people. Helps children up to the age of 18 with various areas of child law, up to the age of 21 if they have been looked after and potentially up to aged 25 if eligible.
Clan Childlaw- Street Legal Website: https://www.clanchildlaw.org/ Email: info@clanchildlaw.org Phone: 08081 290522	Legal advice and representation for young people (16-25 years) and families with children under 18 who are homeless or at risk of homelessness. Works in partnership with Shelter Scotland Housing Law Service. Provides lawyer-led training to professionals who support young people and families.

<p>Clovenstone community centre family groups South West Lifelong Learning CEC</p> <p>Website: http://clovenstonecc.weebly.com/ Email: cld-clovenstone@ea.edin.sch.uk Phone: 0131 453 4561</p>	<p>Interactive activities for Clovenstone families</p>
<p>Courses and programmes for parents and carers South West Lifelong Learning CEC</p> <p>Website: https://www.joininedinburgh.org/organisation/256/ Email: SupportingParentsandCarers@edinburgh.gov.uk</p>	<p>Courses and programmes for parents/carers who wish to support their children's emotional health & wellbeing, understand children's behaviour and improve their parenting routines.</p>
<p>CrossReach Counselling: Lothians (CC:L)</p> <p>Website: https://www.crossreach.org.uk/ Email: info@crossreach.org.uk Phone: 0131 657 2000</p>	<p>Provides counselling and art therapy to children and young people.</p>
<p>Cyrenians Mediation and Support, part of the Early Intervention Partnership Project with Rock Trust</p> <p>Website: https://cyrenians.scot/ Email: Mediationandsupport@cyrenians.scot Phone: 0131 457 2354</p>	<p>Whole family support to manage relationship difficulties. Support for young people who are homeless or at risk of homelessness. The provision of conflict resolution workshops for children and young people.</p>
<p>Cyrenians Scottish Centre for Conflict Resolution (SCCR)</p> <p>Website: https://scottishconflictresolution.org.uk/ Email: sscr@cyrenians.scot Phone: 0131 457 2493</p>	<p>Relationship support and conflict resolution for young people, families and professionals preventing relationship breakdown and homelessness. Provides free digital resources and events, improving the understanding conflict, emotional needs and transforming the negative impact of conflict on families across Scotland</p>
<p>Discover CEC</p> <p>Email: Discover@edinburgh.gov.uk</p>	<p>A programme of activities for families during school holidays targeting holiday hunger, social isolation and learning loss.</p>
<p>Domestic Abuse Services (DAS):</p> <ul style="list-style-type: none"> • Caledonian Statutory • Safer Families • RESPEKT <p>Email: saferfamilies@edinburgh.gov.uk Phone: 0131 469 5325/ 0131 469 5368</p>	<p>Trauma enhanced service offering interventions around domestic abuse offering 1:1 support for men/woman and children, group work support for men, with child and adult Protection a key responsibility. Training and consultancy offered to other services in relation to domestic abuse.</p> <p>Service is made up of:</p> <ul style="list-style-type: none"> • The Caledonian System- men convicted of domestic abuse related offences to reduce their reoffending, combines services for children, woman and men. • Safer Families (non-statutory) works with men who are concerned about their behaviour. • RESPEKT- (statutory and non) Aimed at Polish speaking clients and is delivered by Polish speaking workers.

<p>Edinburgh & Lothians Greenspace Trust</p> <p>Website: http://www.elgt.org.uk/ Email: info@elgt.org.uk Phone: 0131 445 4025</p>	<p>Address health inequalities and reduce isolation, we provide a free programme of healthy lifestyles activities.</p>
<p>Edinburgh Children's Hospital Charity</p> <p>Website: https://echcharity.org/ Email: hello@echcharity.org Phone: 0131 668 4949</p>	<p>Providing youth work, children and family support through a range of activities including group and peer support in hospital who could benefit from support at a time of worry and distress. Provides 1-1 support, play music and art activities, Family drop in centre, sibling group, resource</p>
<p>Edinburgh Women's Aid- Children and Young People Service</p> <p>Website: https://edinwomensaid.co.uk/ Email: info@edinwomensaid.co.uk Phone: 0131 315 8111</p>	<p>Providing safe and confidential support for children and young people who have experienced or are at risk of Domestic Abuse. Offers one to one support on an outreach basis and through art therapy, developing a support plan, so that children can work through the emotional, behavioural and social impact of domestic abuse. Advocacy support provided for any of the children through the criminal justice system or family court. Work with families who are accommodated in refuges or resettlement and providing practical support to ensure they are integrated into their new environment or community.</p>
<p>English as an Additional Language (EAL) and Gypsy Roma Traveller (GRT)Support Team –Additional Support for Learning (ASL) Service CEC</p> <p>Website: https://www.edinburgh.gov.uk/asl Phone: 0131 469 2850</p>	<p>We work to support schools and partners working with children and families whose first language is not English and/or are from minority ethnic backgrounds, including Travellers.</p>
<p>Families Outside</p> <p>Website: https://www.familiesoutside.org.uk/ Email: support@familiesoutside.org.uk Phone: 0131 557 9800</p>	<p>One to one sessions around the impact of familial imprisonment on children -time limited but may be extended post review</p>
<p>Family and Household Support CEC</p> <p>Website: https://www.edinburgh.gov.uk/private-housing/family-household-support-service/1 SW Email: southwestFHS@edinburgh.gov.uk SW Phone: 0131 469 5150</p> <p>SE Email: southeastFHS@edinburgh.gov.uk SE Phone: 0131 529 5123</p> <p>NW Email: northwestFHS@edinburgh.gov.uk NW Phone: 0131 529 5014</p> <p>NE Email: northeastFHS@edinburgh.gov.uk NE Phone: 0131 529 7168</p>	<p>To ensure that children live in stable households and have their overall needs met, we work with the whole Household ensuring that they are living in appropriate housing, that the adults have support with welfare benefits. We support all members of the household to access appropriate health and wellbeing, education/further education/employment.</p>

<p>Family Group Decision Making, including Lifelong Links and School Matters CEC</p> <p>Website: https://www.edinburgh.gov.uk/support-families/family-meetings/1 Email: cf.familygroupdecisionmaking@edinburgh.gov.uk Phone: 0131 221 2210</p>	<p>The service works with families to empower them to widen their networks, and for this network to have an opportunity with professional services to make plans for support. Where support at home will not be sufficient the network will help to identify kinship carers and any supports they might need.</p> <ul style="list-style-type: none"> • FGDM provides support for children at risk of accommodation or where there are child protection/welfare concerns. • Lifelong Links is a service for children in care to find lifelong connections for them, from either their wider family network or significant people in their lives. We do this in a variety of ways including researching full family trees at Register House. • School Matters is a joint service with the Multi-systemic Therapy service to support children who are looked after at home to increase attendance at school by using a strengths based approach of family meetings combined with behavioural therapy techniques.
<p>Firsthand Lothian- Family Support Service</p> <p>Website: https://www.firsthand-lothian.org.uk/ Email: info@firsthand-lothian.org.uk Phone: 0131 523 1322</p>	<p>Support for disadvantaged and vulnerable families including families with children with additional support needs who are not eligible for statutory services. Support provided by volunteers and Family Support worker. 1 to 1 short term support for children with additional support needs to develop their confidence and social skills through child led play activities and 1 to 1 support for children and young people to access activity opportunities in their local community. Support for parents who have few support networks of their own, help and encourage them to establish routines, play activities with their children and access other agencies.</p>
<p>Firsthand Lothian- Parent and Carer group</p> <p>Website: https://www.firsthand-lothian.org.uk/ Email: info@firsthand-lothian.org.uk Phone: 0131 523 1322</p>	<p>Social support group that meets monthly for parents and carers with children (mainly with ASN/ ASD) who are currently or were previously supported by Firsthand Lothian. Parents are supported to share knowledge experience, ideas and strategies. Guest speakers, Visits/trips to relevant organisations. peer support, Facebook page, video group calls. Reducing sense of social isolation for single parents and parents not from Scotland.</p>
<p>Firsthand Lothian- Time for Mum Project</p> <p>Website: https://www.firsthand-lothian.org.uk/ Email: info@firsthand-lothian.org.uk Phone: 0131 523 1322</p>	<p>Support for Vulnerable & Isolated Parents. Focus on mums that struggle to access group activities or start something new. Mums are matched with a Volunteer befriender who will explore and attend activities or groups of interest e.g arts & craft, cooking, exercise and support parents to develop networks of their own within the community. Video delivery on portals/zoom allows mums with anxiety/depression to access social interaction and activities without leaving the house. Support improves self-confidence, resilience, and reduces isolation</p>

Fostering and Adoption Services CEC Website: http://www.edinburghfostering.org.uk/ Email Fostering: foster.children@edinburgh.gov.uk Email Adoption: adoptchildren@edinburgh.gov.uk Phone: 0800 174 833	Support for Foster Carers and approved Adopters to care for the children in their care. Respite, Befriending and day care for the child in their existing family. Support such as Theraplay, Trauma informed parenting, Attachment, Conflict Resolution. Facilitation of information exchange between adoptive parents and birth family
Goodtrees Neighbourhood Centre Website: https://www.joininedinburgh.org/venue/21/ Email: goodtreesnc1@outlook.com Phone: 0131 672 2629	Supporting children, young people and their families
Health and Wellbeing Team Raising Teens with Confidence Course CEC Website: https://www.joininedinburgh.org/parenting-programmes/raising-teens-confidence/ Email: GrowingConfidence@edinburgh.gov.uk	The RTWC course is a 6 week parenting programme of 6 x 2 hour sessions that aims to give parents and carers increased understanding about how they can best support their teenage children to navigate this time of change and help promote resilience <i>This group is also run through the school – please contact us for the next planned session dates.</i>
Home-Start Edinburgh West and South West (HSEW) - Home Visiting Support Website: https://www.home-start.org.uk/home-start-edinburgh-west-and-south-west Email: help@hsew.org.uk Phone: 0131 564 1540	Family support to build parent/carer capacity and agency based on their current strengths and goals, using GIRFEC outcomes and SHANARRI indicators. e.g. family relationships; managing children's behaviour; active involvement in children's learning; physical activity; improving mental health; financial awareness and management skills; safety awareness; skills and qualifications development
Impact Arts – Cashback Nights Website: https://www.impactarts.co.uk/ Email: mail@impactarts.co.uk Phone: 0131 661 4225	Creative youth group, with the focus on confidence building and communication
Impact Arts – Creative Pathways Website: https://www.impactarts.co.uk/ Email: mail@impactarts.co.uk Phone: 0131 661 4225	Stage 2 Employability support, delivered in a creative and engaging way. Participants can earn up to £55 a week with full attendance and participation
Impact Arts – Make It Your Own Website: https://www.impactarts.co.uk/ Email: mail@impactarts.co.uk Phone: 0131 661 4225	A programme for care leavers entering into or already in their first tenancy. Helping them feel confident in their own space
Jack Kane Community Centre: Inspiring Disability Website: https://www.jackkanecommunity.org/ Email: mc@jackkanecommunity.org Phone: 0131 657 1595	Positive Play sessions and advice and support for whole family whom have a child/young person with additional support needs

Keycomm Resource Centre Website: http://keycomm.weebly.com/ Phone: 0131 311 7130	Supporting communication through technology
Kindred Website: https://www.kindred-scotland.org/ Email: Enquiries@kindred-scotland.org Phone: 0800 031 5793	Support for families of children with complex disabilities, life limiting conditions and inpatients at RHSC Edinburgh. We also support children and young people who meet the criteria for Tier IV CAMHS.
Kinship Team CEC Website: https://www.edinburgh.gov.uk/children-families/kinship-carers/1 Email: kinshipsupport@edinburgh.gov.uk Phone: 0131 529 2588	Bespoke Support Plans to meet the needs of the whole kinship family as assessed in partnership with them. This can include, establishing routines, managing child's behaviour, managing relationships with child's parents, support to understand processes and working with professionals as part of the team around the child, help with health, housing, finances, anything the family or specific individual need
LGBT Youth Scotland Website: https://www.lgbtyouth.org.uk/ Email: info@lgbtyouth.org.uk Phone: 0131 555 3940	We support lesbian, gay, bisexual and transgender young people 13-25.
LinkLiving Website: https://www.linkliving.org.uk/ Email: enquiries@linkliving.org.uk Phone: 0330 303 0302	Targeting young people to provide a practical approach to learn how to support their own wellbeing.
Lothian Centre for Inclusive Living Self-Directed Support (SDS) Team Website: https://www.lothiancil.org.uk/ Email: admin@lothiancil.org.uk Phone: 0131 457 2350	Parent Carer Peer support group Workshops for Parent Carers Focus on connecting parent carers, building confidence, sharing information, rights in relation to support for their child, particularly around SDS
Lothian Child Healthy Weight Service and Get Going Programme NHS Website: https://www.nhsllothian.scot/getgoing/ Email: Get.Going@nhsllothian.scot.nhs.uk Phone: 0131 537 9209	Healthy lifestyle advice inc role modelling, boundary setting, screen time usage, physical activity, nutrition etc
MCFB Junior Groups Website: https://www.mcfb.org.uk/ Email: hello@mcfb.org.uk Phone: 0131 467 7052	Therapeutic Group Work Project with family/individual casework element if required. BAME children referred by core agencies and self-referred. Mainly children experiencing social isolation, newly settling families, refugees and migrant families.

<p>MOSAIC MCFB/Junction</p> <p>Website: https://www.mcfb.org.uk/ Email: hello@mcfb.org.uk Phone: 0131 467 7052</p>	<p>Mosaic is a Group for BAME young people who identify as experiencing anxiety or stress. A joint initiative between MCFB and The Junction Health and Wellbeing Project. The group offers opportunities for young people to support each other, explore positive ways of combatting stress, bullying, racism, exclusion and develop good self-care strategies. Some advocacy and individual support can be offered. Guest speakers, Art therapy, technology and social media are used. Referrals can be accepted from professionals or self-referral</p>
<p>Multi-Cultural Family Base Safe Haven</p> <p>Website: https://www.mcfb.org.uk/ Email: hello@mcfb.org.uk Phone: 0131 467 7052</p>	<p>The Safe Haven Project works with young people who are refugees and those who have been affected by trauma in their home country and in their journey to the UK.</p>
<p>Multisystemic Therapy Team (MST) (LAAC) Children & Families CEC</p> <p>Website: https://www.edinburgh.gov.uk/support-families/multisystemic-therapy-team-mst/1 Email: cf.mst@edinburgh.gov.uk</p>	<p>Evidence-based model to help keep young people who are engaged in anti-social and risk-taking behaviour, at home (where it is safe to do so).</p>
<p>One Parent Families Scotland Edinburgh – Family Support Service</p> <p>Website: https://opfs.org.uk/ Email: info@opfs.org.uk Phone: 0131 556 3899</p>	<p>OPFS helps single parents in a range of ways including through family support. We aim to minimise isolation and link families into other project services for parents. Individually, we support single parents with parenting issues, advice and information and sign posting to ensure they receive appropriate help when needed</p>
<p>Parent and Carer Support Evidenced Based Parenting Programmes Lifelong Learning CEC</p> <p>Website: https://www.joininedinburgh.org/parenting-programmes/ Email: SupportingParentsandCarers@edinburgh.gov.uk</p>	<p>City wide co-ordination of evidenced based parenting programmes to parents and carers of children and young people aged 0- 17 years. The programmes offer parents and carers the opportunity to learn skills and build confidence to use effective strategies to prevent and support children's emotional and behavioural difficulties. Early intervention approach to support parental capacity, strengthen family relationships and improve outcomes for the children and young people.</p>
<p>Parent and Carer Support - Information and Enquiries Lifelong Learning CEC</p> <p>Website: www.edinburgh.gov.uk/pacs Email: SupportingParentsandCarers@edinburgh.gov.uk</p>	<p>Collating, providing support information and signposting information on support to parents and carers of children and young people 0 - 17 years. Raising awareness and normalising the need for family support through multi agency partnership working. Providing a range of staff training opportunities to build capacity to enable quality family support relationships, improve partnership working and resources and increase parental engagement.</p>
<p>Penumbra, Edinburgh Self Harm Project</p> <p>Website: http://www.penumbra.org.uk/ Email: enquiries@penumbra.org.uk Phone: 0131 221 9607</p>	<p>This service offers 1:1 support and workshops for people 16 plus who self harm using a person centred approach. We can provide support and advice to parents and carers and professionals who support someone who is using self harm as a coping strategy. We also offer Training days and awareness raising for professionals who support someone who self harms.</p>

<p>People Know How- Positive Transitions</p> <p>Website: https://peopleknowhow.org/ Email: contactus@peopleknowhow.org Phone: 0131 569 0525</p>	<p>Support for children and families where it has been identified that a child will find the transition from primary to secondary especially challenging. This work involves us in working with children and families on a range of issues through befriending, family support delivered by staff and social work students and Art Therapy.</p>
<p>Pilton Community Health Project - Living in Harmony</p> <p>Website: https://pchip.org.uk/ Email: admin@pchip.org.uk Phone: 0131 551 1671</p>	<p>Living in Harmony offers a social group, called The Chat Cafe, which is a cultural sharing group for women and children. It is also safe space for BAME women and children, and an opportunity for 1:1 support and advice.</p>
<p>Pilton Community Health Project - Women Supporting Women</p> <p>Website: https://pchip.org.uk/ Email: admin@pchip.org.uk Phone: 0131 551 1671</p>	<p>Women Supporting Women offer a range of services, including 1:1 service for women only and a range of group work for women/carers. Our 1:1 service is therapeutic trauma informed support for women.</p>
<p>Residential Services for Young People – Southhouse Close Support; Moredun YPC, Oxfangs, Drylaw YPC, Northfield YPC, Heathervale, Edinburgh Secure Services CEC Website: https://www.edinburgh.gov.uk/looked-children-young-people/residential-care-children-young-people/1</p>	<p>Residential Care base for young people that recognises the strengths of young people. Focus on family support to sustain and develop relationships with young people in our care.</p>
<p>Salvesen Mindroom Centre</p> <p>Website: https://www.mindroom.org/ Email: admin@mindroom.org Phone: 0131 370 6731</p>	<p>Freely accessible, issue-based support, advice and information for families relating to learning difficulties/ASN, including advocacy & support for children/young people, building capacity to manage issues independently with confidence and use own voice. Including the Transitions Advocacy for secondary pupils with ASN at the point of planning to transition from school to adulthood.</p>
<p>Shared Parenting Scotland</p> <p>Website: https://www.sharedparenting.scot/ Email: info@sharedparenting.scot Phone: 0131 557 2440</p>	<p>Support separated parents, new partners and other family members, to help to share parenting and issues relating to family separation and contact issues.</p>
<p>Sikh Sanjog</p> <p>Website: http://www.sikhsanjog.com/ Email: info@sikhsanjog.com Phone: 0131 553 4737</p>	<p>Sikh Sanjog provides a range of quality opportunities for women and their families in response to educational, recreational, cultural and social needs.</p>
<p>6VT Edinburgh City Youth Café -6VT Hospital Youth Team</p> <p>Website: http://www.6vt.info/ Email: contact@6vt.info Phone: 0131 229 1797</p>	<p>Scotland's first and only Emergency Department based Youth Service supporting under 18's presenting at Royal Infirmary and Sick Kids with self injuries, over consumption of substances, harmed by others, presenting with challenging behaviour. Providing emotional and non - clinical support. Support also offered to friends and family presenting at hospital. Can provide follow up support in the community for those in need and not connected to existing supports.</p>

6VT Edinburgh City Youth Café- Cairn Service Website: http://www.6vt.info/ Email: contact@6vt.info Phone: 0131 229 1797	Universal youth work provision that offers confidential supports to young victims and witnesses of crime. Offers emotional support and advice on rights, supports the young person through the justice system from reporting to court. Young people can also access wider support through the Youth Café, holiday clubs and activities
SPACE & Broomhouse hub - Sista Space Website: http://www.spacescot.org/ Email: admin@spacescot.org Phone: 0131 455 7731	Dedicated support for women to build confidence and explore issue-based concerns
SPACE & Broomhouse Hub - Young Carers	South West element of Edinburgh Young Carers' Partnership
SPACE & Broomhouse Hub - Young People's counselling service	One to one art therapy (counselling) for children & young people's emotional and mental health with whole family sessions where appropriate
SPACE & Broomhouse Hub - Youth Befriending	12 month, 2-3 hour per week support for young person with a trained volunteer befriender
Strengthening Communities for Race Equality – SCOREscotland Website: https://www.scorescotland.org.uk/ Email: info@scorescotland.org.uk Phone: 0131 442 2341	Equalities support for black and minority ethnic families, children and young people living in South West Edinburgh.
Sunflower Garden Website: https://www.crossreach.org.uk/our-locations/sunflower-garden Email: SunflowerGardenProject@crossreach.org.uk Phone: 0131 220 2488	Sunflower Garden works with children and young people who are affected by drug or alcohol use in their families. The service is child focused providing a range of one to one therapeutic support on an outreach basis.
Systemic Family Sessions Communities & Families CEC Website: https://www.edinburgh.gov.uk/support-families/counselling-families/1 Email: cf.systemicfamilytherapy@edinburgh.gov.uk Phone: 07717 881 535	Therapeutic sessions for a whole family, with specialist support team to help them reach better future outcomes for themselves including enhanced family relationships/communication, focusing on what is important to the family, listening to each other's views and building on existing strengths.
Tailor Ed Foundation Target Specific Service Website: http://tailoredfoundation.co.uk/ Email: contact@tailoredfoundation.co.uk Phone: Roo Project Manager 07518 040 115	Supporting parents to teach their children with autism skills required for daily life including communication skills, practical daily living skills and skills for accessing the community
Tailor Ed Foundation Support Services <i>Contact details – as above</i>	Child within the family has a diagnosis of autism

The Action Group- Advice services Website: https://actiongroup.org.uk/ Email: info@actiongroup.org.uk Phone: 0131 457 2315	Holistic advice – including welfare rights advice
The PrePare Team Email: cf.prepare@edinburgh.gov.uk Phone: 0131 453 9208	We are a multi-disciplinary team who work with pregnant women and their partners up until two years postpartum. The team work on an outreach basis supporting parents through their pregnancy and up to 2 years post birth. Working in a holistic way to support parents to make significant changes in their lives promoting their own health and welfare.
The Speech Language Communication Company (SLCo) Website: https://speech-language-communication-company.uk/ Email: admin@s-l-co.uk Phone: 01382 250060	Family Support Programme for SLCN /ASN families offering support for speech, language and/or communication difficulties. National Helpline to offer 1:1 support to families who are struggling to find specialist/specific help for their children. Individual and tailored family support service for families who have children with specific and unique speech, language and/or communication difficulties. Providing resources and training, peer support networks, understanding of SLC conditions, enhance home learning environments, Lego/Brick club therapy
The Yard - Family Drop-in Sessions Website: https://www.theyardscotland.org.uk/ Email: info@theyardscotland.org.uk Phone: 0131 476 4506	Offering disabled children and young people (0-25) the opportunity to freely experience opportunities and risk. Whole family support including offering advice/information, complementary therapies and respite via clubs. Uses a group support approach and creates communities of peer support.
The Yard - Youth Clubs <i>(contact details – as above)</i>	Clubs for ages: 8-12, 10-14, 14-18 and 18-25.
Through care and Aftercare (TcAc) Team Website: https://www.edinburgh.gov.uk/looked-children-young-people/throughcare-aftercare-specialist-support/1 Email: CFDuty.ThroughcareandAftercare@edinburgh.gov.uk Phone: 0131 529 6700	TcAc offer holistic, one stop approach support service to young people who are care leavers based on the Pathway Assessment and Planning Model – Housing, health, education and employment and relationships etc. This is delivered by a multi-disciplinary team via three strands – Allocated case work, Duty service and group work <i>See below for each different group The same contact details (to the left) apply to each group.</i>
TcAc Team - Drop In CEC	Aimed at more vulnerable Care leavers – 16+ - Weekly service
TcAc Team - Job Club CEC	Aftercare young people 18 – 26 – weekly service
TcAc Team - Study Group CEC	Care leavers engaging with further education – 16+ - Weekly service
TcAc Team - Leavers Group CEC	Care Leaver struggling with / not attending education 15+ Weekly service

U-Evolve Website: https://u-evolve.org/ Email: hello@u-evolve.org Phone: 07983 256 929	We engage with young people aged 11 to 18 who have often experienced trauma or multiple adverse childhood experiences. We offer relational and therapeutic work in a holistic, person centred approach to supporting young people. We will work with the young person's parents and carers.
VOCAL - VOCAL Edinburgh Carers' Hub Website: https://www.vocal.org.uk/ Email: midlothian@vocal.org.uk Phone: 0131 663 6869	VOCAL Carer Hub supports carers through individual support, emotional support and counselling, information, and access to services. Group work including peer parents and carers support group and a range of training. VOCAL applies a solution focused and outcome based practice across all carer support services and interventions.
WHALE Arts – Children & Young People's Project Website: http://www.whalearts.co.uk/ Email: info@whalearts.co.uk Phone: 0131 458 3267	Arts, play, creative activities and gardening for families with children with disabilities/ASN/not able to join groups due to shielding
WHALE Arts - Mums into business Website: http://www.whalearts.co.uk/ Email: info@whalearts.co.uk Phone: 0131 458 3267	Social enterprise support for mothers / female care givers
With Kids Website: http://www.withkids.org.uk/ Email: j.marr@withkids.org.uk Phone: 0131 453 9400	Emotional, parenting and practical support, including increasing social activity, goal setting and achievement for whole family when there is a child with emotional or mental health difficulties. Designed to complement our child therapy work, but also available without therapy referral.
YMCA Edinburgh SCIO - Intandem Mentoring Website: https://ymcaedinburgh.com/ Email: admin@ymcaedinburgh.com Phone: 0131 553 7877	Open ended 1:1 mentoring support working towards personal goals for young people on a CSO with no terms of residence (Looked After at Home).
YMCA Edinburgh SCIO - Playscheme Website: https://ymcaedinburgh.com/ Email: admin@ymcaedinburgh.com Phone: 0131 553 7877	Holiday Play activities and provision of snacks and hot meals to children and family members at-risk of experiencing food insecurity.
YMCA Edinburgh SCIO -Plusone Mentoring Website: https://ymcaedinburgh.com/ Email: admin@ymcaedinburgh.com Phone: 0131 553 7877	1:1 mentoring for young people identified by combination of referral factors proven to increase likelihood of offending or disengaging with school (1 year support)
YMCA Edinburgh SCIO - Women's Group Website: https://ymcaedinburgh.com/ Email: admin@ymcaedinburgh.com Phone: 0131 553 7877	Open access group for Women (predominantly those experiencing Isolation

<p>Young People's Service (YPS) CEC</p> <p>Email: yps@edinburgh.gov.uk</p>	<p>YPS works with children, young people and families where children and young people are involved in offending and/or engaging in serious harmful behaviour. Engagement can be voluntary or via a statutory order such as a compulsory supervision order or community payback order.</p>
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