



Change in PE Department Policy on Pupils' participation in PE.

St. Augustine's PE department run a 'no note' policy. All pupils should bring their PE kit and get changed regardless of any injuries/illnesses.

The new policy intends to:

- minimise the amount of time lost in dealing with non-participants in class.
- make sure your child's learning is never compromised through injury or illness.
- ensure your child is included and involved in every lesson.



There is no need to supply a note explaining an injury or illness which you feel will limit your child's participation in the PE lesson. Rather, encourage your child to speak to the teacher at the beginning of the lesson to give details of their condition.

The teacher will then find alternative activities for your child to do during the lesson. These might be filming, taking photographs, refereeing, completing observation schedules, recording scores and tallying scoring averages.

What does this mean?

- Bring kit every day for PE even when injured or unwell.
- Good self-discipline and organisational skills are built up and forgetting kit is never an issue.
- Understanding that injury or illness might mean they will do different activities in class from other class members.
- Pupils will never be excluded from the class or their friendship groups.
- It saves YOU (Parents) the time spent writing notes and encourages independence in your child.
- Your child will NEVER miss PE and will be involved in every lesson.
- Your child will have the opportunity to be INCLUDED in every lesson – even if injured or unwell.

What we will do:

- Support your child to manage their injury/condition as best possible.
- Make sure your child is as involved as possible in the learning of the class.
- Keep learning at a good pace.