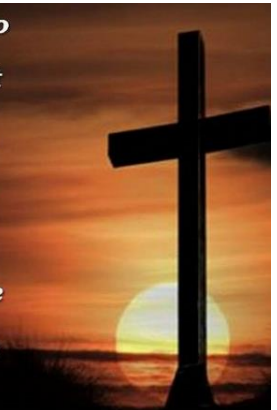




***We keep in our thoughts and prayers the young man from Forrester High School who tragically lost his life earlier this month. Our deepest condolences for his family, friends and our shared community.***

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.*



Welcome to this edition of the Head Teacher's Update.

Our Senior Leadership Team welcomes a more permanent situation taking over after Easter with **Mr Frew and Mr McLauchlan** joining us:

| Name            | Position                          | Year Head Responsibility |
|-----------------|-----------------------------------|--------------------------|
| Mr. A O'Doherty | Head Teacher                      | Whole School             |
| Mrs. L-A Baird  | Depute Head Teacher               | S2 and S5                |
| Mr. Frew        | Depute Head Teacher               | S3 and S6                |
| Mr. McLauchlan  | Depute Head Teacher               | S1 and S4                |
| Mrs. A Haskett  | Acting Senior Development Officer | Transition               |

*A HUGE thank you to Mrs Connor and Mr Seywright for their massive contribution as Depute Heads over this last term. They will return to their Curricular Leader roles within St. Augustine's after Easter.*

In addition, we will be welcoming Ms Souness to be our Pupil Support Leader for the fourth house which we are creating.

We have had assemblies describing our final nominees for the fourth house:



ST VICTORIA

ST BRIGID

ST  
BERNADETTE

ST  
CATHERINE  
OF  
ALEXANDRIA

ST LUCY  
(LUCIA)

ST  
JOSEPHINE  
BAKHITA

Please [click here](#) for some basic information on each of these saints. We encourage **YOU and your child to vote** for your preferred option using [this form](#). The voting will close on Sunday 16<sup>th</sup> April. We will then share the new house!

### Parent Council Meeting Dates

Please see the meeting dates for the Parent Council below and join us as we support and influence the direction of St. Augustine's RC High School. If you cannot make any of the meetings but wish to be involved, please contact through the parent council's [Facebook page](#) or via the school.

| Day      | Date                          | Time        | Location        |
|----------|-------------------------------|-------------|-----------------|
| Thursday | 27 <sup>th</sup> April 23     | 1800 - 1930 | St. Augustine's |
| Thursday | 1 <sup>st</sup> June 23 (AGM) | 1800 - 1930 | St. Augustine's |

Please find a contents list with links to the relevant paragraphs:

1. [Support for Senior Qualifications](#)
2. [Preventing Gender Based Violence Update](#)
3. [Autism and encouraging eating – parent/carer info session](#)
4. [Columba 1400 Leadership Academy](#)
5. [Thank you to the Blackhall Mosque!](#)
6. [National Sleep Helpline](#)
7. [Modern Languages Update](#)
8. [DYW Joint Careers Fair St Augustine's and Forrester's HS](#)
9. [Senior Basketball Team Update](#)
10. [Prom Boutique Success](#)
11. [Performing Arts Update](#)
12. [Today's Science; Tomorrow's Engineers](#)
13. [Access Progress Programme for Unemployed Parents](#)
14. [Transition Mass with the Archbishop](#)
15. [Teen Triple P – parenting programme](#)
16. [Young Enterprise Feedback](#)
17. [Parasports Update](#)
18. [Well done Ben Malcolm!](#)
19. [Superfoodies for S5 and S6 learners](#)

### Moment of Reflection

1. [Support for Senior Qualifications](#)

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Please note as the main diet of examinations fast approaches there is always support in school through our wonderful staff team – please encourage our learners to engage with their expertise and experience to navigate this complicated time.

In addition, there are supports that are available 24 hours a day (including support for stress and anxiety) which can be found underneath the [Easter Supported Study timetable](#). Here are two I wish to emphasise:

## Scholar

Please see a guide to accessing this resource below:

The [Learning with SCHOLAR](#) video is for learners of National 5, Higher and Advanced Higher subjects, explaining and demonstrating how to access and use SCHOLAR to support learning and revision.

### [Learning with SCHOLAR video](#)

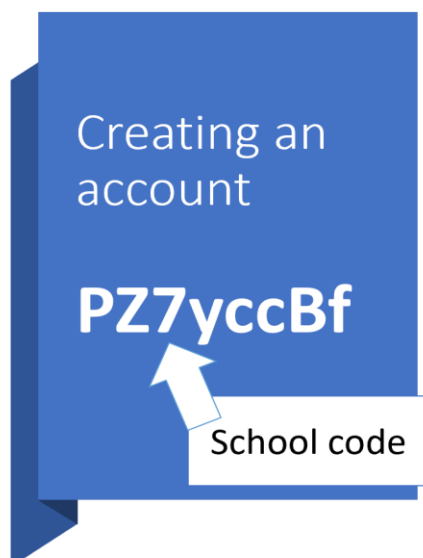
This video, for learners of National 5, H and AH subjects, has been divided into the following sections:

- [What is SCHOLAR?](#)
- [Do I have a SCHOLAR account?](#)
- [How do I log in to SCHOLAR?](#)
- [What if I can't see all my courses in SCHOLAR?](#)
- [How can SCHOLAR help?](#)
- [How can I find what I need to work on in SCHOLAR?](#)
- [What are the tests for in SCHOLAR?](#)
- [What if I can't work on SCHOLAR online?](#)
- [Where can I get help with SCHOLAR?](#)



## Achieve

Please [click here](#) to access this online resource and use these details:



- **ACHIEVE can be accessed on your iPad or computer**
- Visit <https://achieve.hashtag-learning.co.uk/>
- Sign up with your office email and a safe password
- When prompted enter the St Augustine's High School code: **PZ7yccBf**
- If you have any issues with creating an account, please go to Mr Gillies' classroom (Computing Room 02)

## 2. Preventing Gender Based Violence Update (message from Mr Wootton)

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*“Our Senior Leadership Team, the Preventing Gender Based Violence Group and PC Millar, our school Police Officer, spoke to all pupils during assemblies about gender based violence happening in school.*

*They explained what gender based violence is, how to report it, how to gain support if experiencing this behaviour and the steps taken by police and school to stop this behaviour happening. This was all made clear to pupils and staff present.*

*In St. Augustine’s we will continue to support pupils experiencing gender based violence and make sure this damaging behaviour is stopped.*

*There are resources given below which can help support discussions that may arise at home on this topic or if you want to find out more information about gender based violence:*

- [School resource hub – UK Feminista](https://ukfeminista.org.uk/resources-hub/)  
(<https://ukfeminista.org.uk/resources-hub/>)
- [Stop It Now harmful sexual behaviour prevention toolkit Oct 2020.](https://www.stopitnow.org.uk/wp-content/uploads/2020/10/Stop-It-Now-harmful-sexual-behaviour-prevention-toolkit-Oct-2020.pdf)  
([https://www.stopitnow.org.uk/wp-content/uploads/2020/10/Stop It Now harmful sexual behaviour prevention toolkit Oct 2020.pdf](https://www.stopitnow.org.uk/wp-content/uploads/2020/10/Stop-It-Now-harmful-sexual-behaviour-prevention-toolkit-Oct-2020.pdf))
- [RCS\[support\]leafFIN \(rapecrisisscotland.org.uk\)](https://www.rapecrisisscotland.org.uk/resources/multilingual.pdf)  
(<https://www.rapecrisisscotland.org.uk/resources/multilingual.pdf>)
- [Parents Protect - Internet Safety](https://www.parentsprotect.co.uk/internet-safety.htm)  
(<https://www.parentsprotect.co.uk/internet-safety.htm>)”



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## Autism and Encouraging Eating Parent/ Carer Information Session

Wednesday 26<sup>th</sup> April 2023

09:30-11:30am (Microsoft Teams)

These sessions are available to:

- Parents/carers of pre-school children (0-5years)
- Parents/carers of school aged children currently attending City of Edinburgh mainstream schools (primary and secondary)

### Encouraging Eating

Practical ideas to help increase your child's diet and reasons why children might find new foods challenging or restrict foods they previously enjoyed.

- How to get the best out of the food you offer at mealtimes
- How to introduce new foods into your child's world and what new foods are they most likely to eat?
- How to separate medicine from food
- How to keep the foods your child already eats from being cut from their diet

To book your place, please click or scan here:

[Eventbrite](#)



Alternatively, you can email: [autisminfo@ea.edin.sch.uk](mailto:autisminfo@ea.edin.sch.uk)

To help speed up the booking process, when emailing, please provide the following information

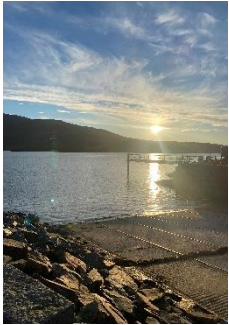
|                              |                              |
|------------------------------|------------------------------|
| *Your child's name           | *Parent/child postal address |
| *Your child's age            | *Parent name                 |
| *Your child's current school | *Parent phone number         |



#### 4. Columba 1400 Leadership Academy (message from Miss Murtagh)

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*In December 2022, 16 pupils and 3 Teachers took a 6 hour bus ride to Skye. We stopped a couple of times for snacks and we even got to see a horse!*



*We went on a leadership journey to Columba 1400. We were there for 5 days but in some ways it felt like longer!*

*Here are some of our favourite memories:*

**Ashton:** *my favourite part was the journey up and the seeing the mountains. I also learned to be more focused*

**Lisa:** *taking part in the "Search and Rescue" activity*

**Maliah:** *I learned how to deal with the weather in Skye.*

**Fallou:** *I also really enjoyed the "Search and Rescue" activity. It was fun to have a day out in nature but it was really cold!*

**TS:** *Search and Rescue was my favourite part as we all got a chance to show our teamwork and how to collaborate with each other.*

**Jakub:** *On the bus there was really fun. I also made new friends on the trip who I speak to every day now.*

**Sofia:** *I liked it when we got to spend time together during free time.*

**Deborah:** *I liked it when we were playing games in the Red Fox after the sessions had finished.*

*Overall, it was a great experience and we all learned a lot. We are looking forward to the next phase of the Columba 1400 journey.*



#### 5. Thank you to the Blackhall Mosque!

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We were contacted by **Sajid** from the Blackall Mosque offering support and help in the form of food bags for those who are struggling with the cost of living crisis.

A BIG thank you for the 54 bags that they provided to help feed our community!



#### 6. National Sleep Helpline (message from Liz Wilson from The Sleep Charity)

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*At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.*

*Our free helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. We can talk to young people directly, or parents (we can also talk to adults, including older people, about their sleep issues).*

*The helpline is open 5 times a week, Sunday, Monday, Tuesday, Thursday evenings 7-9pm, and Wednesday mornings 9-11am. The number is 03303 530 541.*

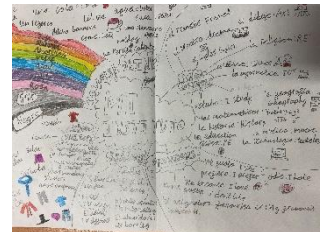
*You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>*

**7. Modern Languages Update**  
*(message from Miss Murtagh)*  
**S3 French**

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*Miss Murtagh's S3 French class are enjoying working with a Secondary School in Avignon, France. The pupils spent last term exchanging postcards and introducing themselves. We hope this will be a positive experience for all pupils involved!*



**S1 Spanish**

*S1 Spanish recently produced some excellent "Mind Map" revision posters in order to prepare for their recent assessment on the topic of "School".*

**8. DYW Joint Careers Fair St Augustine's and Forrester HS** [back to top](#)  
*(message from Mrs Quinn – Developing Young Workforce Co-ordinator)*



*On Monday 6<sup>th</sup> February 2023, a joint careers fair event was held on the Forrester HS campus. The event was organized by Developing the Young Workforce co-ordinators working in partnership with school staff in both schools.*

*Senior pupils from St Augustine's supported the event also on meet and greet duties! Over 45 exhibitors attended. Exhibitors included higher education providers such as universities (University of Edinburgh, Heriot Watt etc.) and Edinburgh College.*



*Apprenticeship training providers for Modern Apprenticeships in sectors such as childcare and IT explained their offerings. Employers from a range of sectors such as Construction, Engineering, Hospitality, Uniformed Services and IT also supported the event.*



*Opportunities, education and training providers and sectors in Edinburgh are developing and changing rapidly, this was a unique opportunity to engage with providers locally in person.*



*Mrs Quinn is moving on from our campus: we thank her for all her*

*efforts in developing the young workforce and wish her the best of luck!*

## 9. Senior Basketball Team Update *(message from Mrs Haskett)*

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### *Senior Boys Basketball – Scottish Cup Victory!*

*The senior boys' basketball team had their opening match of the Scottish Cup on Wednesday 18<sup>th</sup> January against Broughton HS. It was a very successful game which the boys won emphatically 73-20! Our team played excellent basketball with all players involved in scoring baskets, making fast breaks and a solid defence.*

*Our MVP was Kwame Agyapong (6M) who scored a whopping 28 points, and our Coaches Player was Junior Wiseman (6D2) who not only scored 25 points, but he was also the team coach as Mrs Haskett was refereeing. Junior organised the sub rotations, called time outs, and ran plays excellently throughout the game.*

*We also had a very successful debut from our wonderful table officials in S6: Rana Kabashi, Charissa Lau, Erin Angod, Julia Lipinska and Nell Malczuk, who operated the scoreboard, wrote the score sheet and operated the subs and time out buzzers very efficiently.*



## 10. Prom Boutique Success (message from Ms Clark)

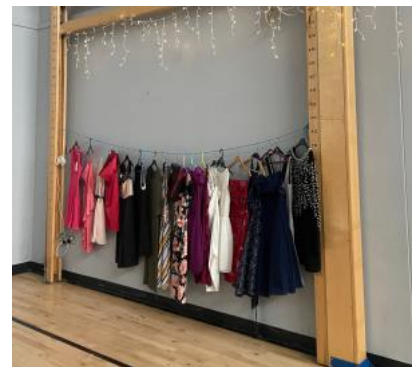
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*Just to let you know the prom boutique evening was a great success tonight.*

*Loads of S6 attended, and many left with outfits and accessories. There was no judgment or stigma, they were all cheering each other on and seemed to have a great time. So much so we had to tell them it was over when it got to 5.15pm as I think they would've stayed. There was great sense of support and community from them all.*

*I couldn't have done it without the help of Mrs Williams and Miss McNair setting up the gym hall, and then both of them along with Miss Germon and Mrs Haskett helping to put it all away.*



I want to add my personal thanks to Miss Clark for the tremendous effort she puts in to making the S6 Prom the success it is!

## 11. Performing Arts Update (message from Mrs Reith)

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### **Performing Arts News**

#### *Edinburgh Fringe Partnership*

*As an extension of our partnership with the Edinburgh Fringe we now have 3 pupils selected to be our Fringe ambassadors. These pupils have a keen interest in the Performing Arts and will be part of a programme of Friday after school events where they will meet industry professionals, have tours of Fringe venues and get a detailed insight into what working in the performing arts industry is all about. Congratulations to Miya, Lily and Cara!*

#### **Theatre Trip**

*This year our senior Drama pupils have had some interesting and exciting Theatre visits, our most recent and final excursion of the year was to see an Inspector Calls at the Festival Theatre. As always our pupils demonstrated excellent manners and theatre etiquette and were role models for younger members of the audience!*

#### **Royal Blind School and Music Tech**

*Our National 5 Music Technology students have been busy working on a project creating audio books. Miss Murray is now partnering with staff from the Royal Blind School with a view to the audio books being shared with students there – well done Miss Murray and the fabulous Music Tech crew!*

## 12. Today's Science; Tomorrow's Engineers (message from Mr Blair)

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We facilitated a 12 week project for all S2 learners in which they designed and presented their inventions. We were joined for the day by various engineers and scientists visiting our school.



It was really good to see our pupils engage so well with the STEM Ambassadors judging the event; the pupils received a lot of good feedback on their effort and creativity.

The final winners of Today's Science; Tomorrow's Engineers are:

1<sup>st</sup> Place - Lisa Ojemudia & Emilia Barbara Wozniczka

2<sup>nd</sup> Place - Shukra Alli & Eliza Tarajkowicz

3<sup>rd</sup> Place - Sofia Chang Aguirre & Heba Ibrahim

Special mentions go to Maya Drapala, Ben Gavin and Denis Niebudek; senior pupils who have been working on Electronics projects and showcased them during the event. Dave Craig, a judge from Leonardo, has offered to work with Maya, Ben and Denis to help them lead some Electronics projects with our junior school.



A final special mention to Amelia Dorozynska, MacAulay Lyons and Amelka Stryjak for their project the Doro Dog; many staff members and judges were very impressed with the creativity that went into the creation of their project.

The final scores for each House were:

1<sup>st</sup> place – Margaret House with 71 points

2<sup>nd</sup> place – Andrew House with 69 points

3<sup>rd</sup> place - David House with 66 points

Very close, well done Margaret!

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کیا آپ ایڈنبرگ میں رہنے والے بے روزگار والدین ہیں؟ رسائی کی ترقی پر ، ہم آپ کو ملازمت ، تعلیم یا تربیت تلاش کرنے میں انفرادی مدد فراہم کرتے ہیں۔ آج ہم سے رابطہ کریں!

আপনি কি এডিনবার্গে বেকার বাবা-মা? অ্যাক্সেস প্রোগ্রেস, আমরা আপনাকে একটি চাকরী, শিক্ষা বা প্রশিক্ষণ সন্ধানে স্বতন্ত্র সহায়তা সরবরাহ করি। আজই আমাদের সাথে যোগাযোগ করুন!

هل أنت والد عاطل عن العمل تعيش في تقدم لك ، Access Progress إدنبرة؟ في المساعدة الفردية في العثور على وظيفة أو تعليم أو تدريب. اتصل بنا اليوم!

## Contact us

0131 260 9721

[mail@accesstoindustry.co.uk](mailto:mail@accesstoindustry.co.uk)

156 Cowgate, Edinburgh EH1 1RP



#### 14. Transition Mass with the Archbishop

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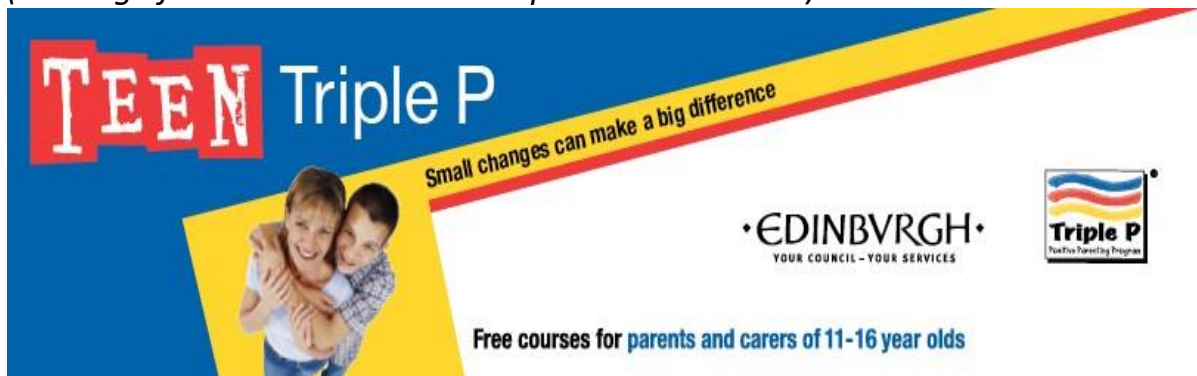


We attended Mass with all the Primary 7 learners across Edinburgh who are attending one of the Catholic Secondary Schools in the city next academic year. We took a selection of our S1 learners to St. Mary's Cathedral to represent St. Augustine's RC High School, which they did fantastically well!

#### 15. Teen Triple P – parenting programme

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*(message from Jillian Hart Teen Triple P Co-ordinator)*



The Teen Triple P parenting programme is an effective support for parents who are experiencing behaviour difficulties with their pre-teen or teenager. I have attached a leaflet giving more information.

Details of [Teen Triple P groups](#) which are running across Edinburgh can be found alongside information on all our parenting programmes at [Support for families - The City of Edinburgh Council](#) We are running a combination of face to face groups and one to one and group online courses.

***The next Teen Triple P face to face groups will run at-***

- [Goodtrees Neighbourhood Centre, 5 Moredunvale Place, EH17 7LB](#)  
Thursdays 12.30-2.30pm  
20<sup>th</sup> April - 22<sup>nd</sup> June 2023
- [Gate 55, 55 Sighthill Road, EH11 4PB](#)  
Wednesdays 1-3pm  
26<sup>th</sup> April- 21<sup>st</sup> June 2023
- [Royston Wardieburn Community Centre, 11 Pilton Drive North, EH5 1NF](#)  
Fridays 9.30-11.30am  
28<sup>th</sup> April- 23<sup>rd</sup> June 2023,



Please share this information widely with the families who may benefit. We welcome applications directly from parents and carers or a professional can apply on their behalf.

Applications can be made by completing our online [application form](#)

Please don't hesitate to get in touch if you require more information or you wish to discuss the suitability of the programme or particular support needs of any parents and carers you are working with. Additional Supports for Families can always be found at [www.edinburgh.gov.uk/supportforfamilies](http://www.edinburgh.gov.uk/supportforfamilies).

## 16. Young Enterprise Feedback (message from Mrs Currie)

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*I just wanted to let you know how well Kwame Agyapong and Rebecca Colbron did last night at the Young Enterprise Lothian Awards Ceremony.*

*It was held in Napier University's Business School main lecture hall, and they did themselves and the school proud. They were up against stiff competition from 13 other teams (11 of which came from Private schools), presented in front of roughly 90 pupils, teachers and guests and although they did not win any prizes they presented well, they wished other teams' good luck and thanked the organisers without any prompting from me.*

*I think this was a great experience for them and they both said they really enjoyed it. It was definitely a proud teacher moment for me.*

## 17. Parasports Update (message from Fiona Damen- - Active Schools Co-ordinator)

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*Just wanted to say the feedback on our pupils volunteering at the Parasports festival on Friday was fantastic !*

*They were described as “ awesome, hardworking, polite and so enthusiastic “ Jill who runs the event said they couldn't have been more help . A real credit to the school and what was even better was the response they gave me after the event! They all said they absolutely loved it, was amazing and a lot of fun and so rewarding 😊  
**Thanks so much everyone and staff for your support, specially PE.***

*Thanks to S5/6*

***Olivia Clark; Zuzanna Stryjak; Mia-libby Villamisar; Tifney Aheimbisibwe; Junior Wiseman; Megan Gallagher; Conor Ritchie; Owen Ogilvie***

*S4*

***Brendan Hardie; Ashanti Arumugam; Ciaran Duffy; Callum Thomson;***

***Lifeguards – Max Grzonkowski S5 and Perseus Law S6***



## 18. Well Done Ben Malcolm (message from Mr Milne)

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Ben Malcolm played in the Scottish Cup final on Saturday with Boroughmuir RFC. He scored a try on the International pitch which helped his team to win the cup against Peebles RFC. The final score 22-5.

## 19. Superfoods for S5 and S6 learners

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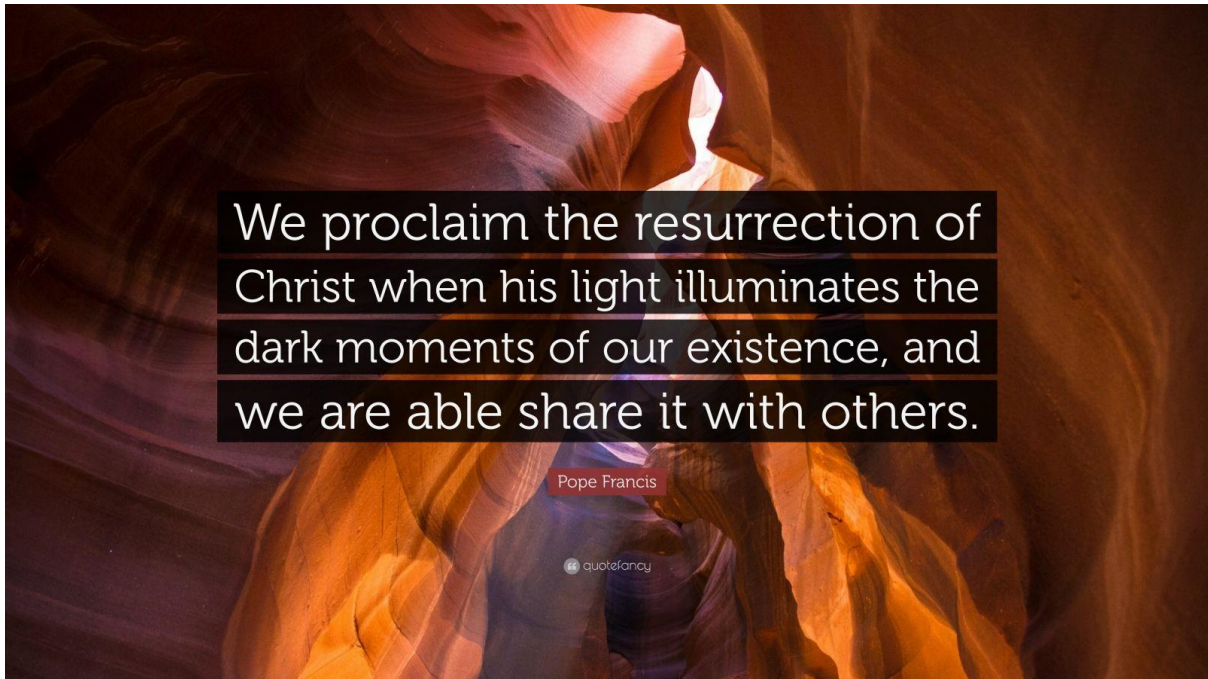
- LEARN ABOUT DIFFERENT CATERING JOBS
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May God bless and keep you safe.  
Have a great holiday and Happy Easter!